## Individual Best Times (All Time)

Alexander Taylor - (921938) - Harrogate District SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:59.00	206	Н	23/10/17	Harrogate District Club Championships	Harrogate	Harrogate	4
6:02.72	200	Н	11/03/17	ASA North West Regional Para-swimming Champs	Salford	Harrogate	3
6:05.11	196	Н	25/06/17	National Junior Para-Swimming 2017	Sunderland	Harrogate	2
6:07.32	192	Н	11/07/15	ASA East Midland Region Para Swimming Champs	Nottingham		3
6:08.68	190	Н	10/12/17	National Para-Swimming Champs 2017	Manchester	Harrogate	2
6:09.98	188	Н	23/03/19	Swim England North West Para Championships	Darwen	Harrogate	3
6:10.65	187	Н	23/09/17	NER Regional Para-Swimming Championships	Harrogate	Harrogate	3
6:13.08	184	Н	10/01/16	Harrogate District Janus Meet	Harrogate	Harrogate	3
6:13.93	182	Н	06/03/18	2018 SENW Para Championships	Darwin LC	Harrogate	3
6:22.32	171	Н	24/09/16	ASA North East Regional Para-Swimming Champs	Harrogate	Harrogate	3
6:23.58	169	Н	26/09/15	ASA NER Para-Swimming Championships 2015	Harrogate		3
6:27.74	164	Н	27/09/14	ASA West Midlands Regional Disability Championship	Rugby		3
6:29.17	162	Н	04/03/17	Midland Para-Swimming Spring Champs	Nottingham	Harrogate	3
6:29.71	161	Н	22/09/18	North East Regional Para-Swimming Championships	Harrogate	Harrogate	3
6:34.30	155	Н	19/10/15	Harrogate District Club Championships	Harrogate		4
6:37.39	152	Н	26/10/14	ASANWR Disability Championships	Liverpool		3
6:40.66	148	Н	21/09/14	ASA North East Diabilities Meet	Harrogate		3
6:41.44	147	Н	08/02/14	Middlesbrough ASC AA Grade 2014	Middlesbrough	Harrogate	3
6:56.58	132	Н	11/11/19	Harrogate Club Championships	Harrogate	Harrogate	4
7:00.50	128	Н	01/03/14	DSE National Junior & Youth Championships	Sheffield	Harrogate	2
7:39.74	98	Н	22/09/13	ASA NER Disability Swimming Championships	Stanley	Harrogate	3

## Swims in Date Order

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	6:56.58	132	Н	11/11/19	Harrogate Club Championships	Harrogate	Harrogate	4
Сор	6:09.98 oyright 2024	188 <b>4</b>	Н	23/03/19	Swim England North West Para Championships	Darwen	Harrogate Powered By SPORT	3 SYSTEMS

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6:29.71	161	Н	22/09/18	North East Regional Para-Swimming Championships	Harrogate	Harrogate	3
6:13.93	182	Н	06/03/18	2018 SENW Para Championships	Darwin LC	Harrogate	3
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