

Individual Best Times (All Time)

Jerry Sykes - (921745) - Dover Lifeguard Swimming Club - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|------------|-----------------|-------|
| 5:05.33 | 335 | H | 18/10/15 | East Invicta Annual Championships | Canterbury | Thanet Swim | 2 |
| 5:09.26 | 323 | H | 29/06/17 | Thanet Club Championships | Margate | Thanet Swim | 4 |
| 5:09.34 | 323 | H | 11/01/15 | Dover LG Club & City of Canterbury Icebreaker | Canterbury | Thanet Swim | 3 |
| 5:10.48 | 319 | H | 28/02/15 | 2015 Kent County Swimming Championships | Gillingham | Thanet Swim | 2 |
| 5:15.61 | 304 | H | 26/10/14 | East Invicta Annual Championships | Canterbury | Thanet Swim | 3 |
| 5:19.09 | 294 | H | 16/07/15 | Thanet Club Championships | Hartdown | Thanet Swim | 4 |
| 5:21.78 | 286 | H | 08/07/14 | Thanet SC Club Championships | Hartdown | Thanet Swim | 4 |
| 5:25.33 | 277 | H | 12/01/14 | Dover Lifeguard & Canterbury Icebreaker Meet | Canterbury | Thanet Swim | 3 |
| 5:27.71 | 271 | H | 23/02/14 | BG Kent ASA Swimming Championships | Gillingham | Thanet Swim | 2 |
| 5:48.48 | 225 | H | 08/09/13 | Thanet SC Club Championships | Hartdown | Thanet Swim | 4 |

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