

Individual Best Times (All Time)

Owain Cook - (918792) - Bridgend County Swim Squad - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:39.22	429	F	02/02/19	Swim Wales South East Regional Championships	Newport	Bridgend Cty	2
2:43.31	398	F	19/10/19	Greater Gwent Fastwater Open Meet	Newport	Bridgend Cty	2
3:08.44	259	F	18/10/14	Greater Gwent Fast Water Open Meet	Newport		2
3:09.96	253	F	01/02/15	SWER Regional Championships	Newport	Bridgend Cty	2
3:11.71	246	F	30/11/14	South East Wales Sub Regional Competition	Newport		2
3:13.18	240	F	21/12/14	British Gas Swim Wales Open Winter Championships	Swansea		1
3:17.67	224	F	21/06/14	Torfaen Dolphins Spring Meet 2014	Newport	Bridgend Cty	2
3:51.21	140	F	13/04/13	South East Region No Time Gala	Newport	Bridgend Cty	4

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