

Individual Best Times (All Time)

Owain Cook - (918792) - Bridgend County Swim Squad - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:33.29	468	F	07/10/18	Bridgend County Swim Squad Club Championships	Aberavon	Bridgend Cty	3
4:33.56	467	F	02/02/19	Swim Wales South East Regional Championships	Newport	Bridgend Cty	2

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