

# Individual Best Times (All Time)

Owain Cook - (918792) - Bridgend County Swim Squad - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:07.01	478	F	06/10/18	Bridgend County Swim Squad Club Championships	Aberavon	Bridgend Cty	3
2:07.78	470	F	12/02/19	Swim Wales South East Regional Championships	Newport	Bridgend Cty	2
2:08.02	467	F	03/11/18	City of Cardiff Capital Open Meet	Cardiff	Bridgend Cty	2
2:08.21	465	F	21/10/18	Greater Gwent Fastwater Open Meet	Newport	Bridgend Cty	2
2:09.77	448	F	05/02/18	SW South East Regional Championships	Newport	Bridgend Cty	2
2:14.02	407	F	26/11/17	Swim Wales South East Sub Regional	Newport	Bridgend Cty	3
2:31.35	283	F	03/02/15	SWER Regional Championships	Newport	Bridgend Cty	2
2:32.16	278	F	21/12/14	British Gas Swim Wales Open Winter Championships	Swansea		1
2:37.51	251	F	30/11/14	South East Wales Sub Regional Competition	Newport		2
2:47.63	208	F	05/04/14	South East Wales No Time Gala	Newport	Bridgend Cty	4

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