

# Individual Best Times (All Time)

Owain Cook - (918792) - Bridgend County Swim Squad - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:14.20	417	F	16/12/18	Carmarthen Christmas Open 2018	Carmarthen	Bridgend Cty	2
6:32.90	213	F	30/11/13	South East Wales Sub Regional Gala	Newport	Bridgend Cty	4

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