

# Individual Best Times (All Time)

Owain Cook - (918792) - Bridgend County Swim Squad - 200 Backstroke - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:07.33	179	F	05/04/14	South East Wales No Time Gala	Newport	Bridgend Cty	4

## Swims in Date Order

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