

Individual Best Times (All Time)

Owain Cook - (918792) - Bridgend County Swim Squad - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.29	387	F	19/10/19	Greater Gwent Fastwater Open Meet	Newport	Bridgend Cty	2
1:06.82	378	F	14/04/19	BCCS 1st Spring Meet	Newport	Bridgend Cty	3
1:30.76	150	F	30/11/13	South East Wales Sub Regional Gala	Newport	Bridgend Cty	4
1:33.06	140	F	05/10/13	Llantrisant Sharks Open Meet	Rhondda	Bridgend Cty	3

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