

Individual Best Times (All Time)

Owain Cook - (918792) - Bridgend County Swim Squad - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.74	410	F	20/10/19	Greater Gwent Fastwater Open Meet	Newport	Bridgend Cty	2
30.12	395	F	14/04/19	BCCS 1st Spring Meet	Newport	Bridgend Cty	3
30.36	386	F	06/10/18	Bridgend County Swim Squad Club Championships	Aberavon	Bridgend Cty	3
31.20	355	F	28/09/19	Bridgend County Swim Squad Club Championships	Aberavon	Bridgend Cty	3
42.78	138	F	15/12/13	City of Newport Christmas Cracker	Newport	Bridgend Cty	4
46.47	107	F	09/12/12	City of Newport Xmas Cracker 2012	Newport	Bridgend Cty	4

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