

# Individual Best Times (All Time)

Owain Cook - (918792) - Bridgend County Swim Squad - 100 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:00.53	491	H	29/11/19	Swim Wales Short Course Championships	WNPS	Bridgend Cty	2
1:01.21	475	F	12/02/19	Swim Wales South East Regional Championships	Newport	Bridgend Cty	2
1:01.55	467	F	19/10/19	Greater Gwent Fastwater Open Meet	Newport	Bridgend Cty	2
1:01.66	465	H	12/02/19	Swim Wales South East Regional Championships	Newport	Bridgend Cty	2
1:01.76	463	F	15/12/19	Carmarthen Christmas Open 2019	Carmarthen	Bridgend Cty	2
1:02.20	453	F	20/10/18	Greater Gwent Fastwater Open Meet	Newport	Bridgend Cty	2
1:02.58	445	F	03/11/18	City of Cardiff Capital Open Meet	Cardiff	Bridgend Cty	2
1:02.86	439	F	06/10/18	Bridgend County Swim Squad Club Championships	Aberavon	Bridgend Cty	3
1:02.92	437	F	16/12/18	Carmarthen Christmas Open 2018	Carmarthen	Bridgend Cty	2
1:03.18	432	F	06/05/18	Amman Valley Open Meet 2018	Carmarthen	Bridgend Cty	3
1:04.01	415	F	28/09/19	Bridgend County Swim Squad Club Championships	Aberavon	Bridgend Cty	3

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