

Individual Best Times (All Time)

Jasmine Wood - (918314) - Witham Dolphins SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|--------------------|-----------------|-------|
| 39.17 | 379 | F | 18/03/18 | Team Ipswich March Open 2018 | Ipswich | | 3 |
| 39.71 | 364 | H | 02/07/17 | Spring Festival One Day Open Meet | Braintree | Witham Dolph | 3 |
| 40.08 | 354 | F | 17/06/17 | Witham Dolphins Summer Club Championships | Witham | | 4 |
| 40.14 | 353 | H | 21/10/18 | Essex Senior Winter Champs 2018 | Basildon | Witham Dolph | 2 |
| 40.25 | 350 | F | 02/06/19 | WDSC Summer Invitational Meet 2019 | Witham LC | Witham Dolph | 4 |
| 40.33 | 348 | H | 14/04/19 | HALSTEAD 10TH SHORT COURSE LICENSED MEET | Braintree | Witham Dolph | 3 |
| 40.37 | 347 | H | 20/05/17 | Cheshunt 50th Anniversary Open Meet | Harlow | Witham Dolph | 3 |
| 40.48 | 344 | H | 30/10/16 | Essex Senior Winter Championships 2016 | Basildon | Witham Dolph | 2 |
| 40.62 | 340 | H | 24/09/17 | Epping Forest District Season Opener Gala 2017 | Loughton | Witham Dolph | 3 |
| 40.66 | 339 | F | 12/10/19 | NUEL Early County Qualifier Open Meet 2019 | London Aquatic Ctr | Witham Dolph | 3 |
| 40.69 | 338 | H | 15/04/18 | Halstead 9th Short Course Open Meet | Braintree | Witham Dolph | 3 |
| 40.76 | 337 | F | 24/06/18 | Witham Dolphins Summer Club Championships 2018 | WITHAM | | 4 |
| 40.79 | 336 | H | 20/10/19 | Essex Senior Winter Champs | Basildon | Witham Dolph | 2 |
| 41.30 | 324 | F | 25/06/16 | Witham Dolphins Invitation Meet | Braintree | | 4 |
| 42.60 | 295 | H | 09/04/17 | Halstead 8th Short Course Open Meet | Colchester | Witham Dolph | 3 |
| 43.05 | 286 | H | 10/04/16 | Halstead 7th Short Course Open Meet | Braintree | Witham Dolph | 3 |
| 44.35 | 261 | H | 06/12/15 | Braintree & Bocking Spring Festival Open Meet | Braintree | Witham Dolph | 3 |
| 45.90 | 236 | H | 21/06/15 | Colchester 2nd Midsummer Madness Open Meet | Colchester | Witham Dolph | 3 |
| 46.33 | 229 | H | 18/01/15 | Essex County Age Group Championships 2015 | Basildon | Witham Dolph | 2 |
| 47.19 | 217 | H | 12/04/15 | Halstead 6th Short Course Open Meet | Braintree | Witham Dolph | 3 |
| 47.35 | 215 | H | 10/05/15 | Braintree & Bocking SC Spring Festival Open Meet | Braintree | Witham Dolph | 3 |
| 47.43 | 214 | H | 04/01/15 | Basildon & Phoenix Winter Meet | Basildon | Witham Dolph | 2 |
| 48.33 | 202 | H | 07/12/14 | Braintree & Bocking Christmas 2014 | Braintree | Witham Dolph | 3 |
| 49.15 | 192 | F | 19/10/14 | Witham Dolphins SC Closed Meet | Braintree | | 3 |
| 50.58 | 176 | F | 28/09/14 | Teamipswich SC Early Season Open Meet | Ipswich | | 3 |
| 51.90 | 163 | H | 13/04/14 | Halstead 5th Annual Open Meet | Halstead | Witham Dolph | 3 |
| 53.53 | 157 | H | 15/09/13 | Epping Forest District SC Season Opener | Loughton | Witham Dolph | 3 |

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|-------|-----|---|----------|--|-----------|--------------|---|
| 52.52 | 157 | | 15/09/13 | Epping Forest District SC Season Opener | Loughton | Witham Dolph | 3 |
| 52.53 | 157 | H | 11/05/14 | Braintree & Bocking Spring Festival | Braintree | Witham Dolph | 3 |
| 52.56 | 157 | H | 12/05/13 | Braintree & Bocking Spring Festival Meet | Braintree | Witham Dolph | 3 |
| 52.79 | 155 | F | 27/10/13 | Witham Dolphins Winter Club Championships | Witham | Witham Dolph | 4 |
| 53.08 | 152 | F | 21/04/13 | Newmarket & District SC Fifth Open Meet | Newmarket | Witham Dolph | 3 |
| 53.36 | 150 | H | 24/02/13 | Essex County Championships | Basildon | Witham Dolph | 2 |
| 53.87 | 146 | F | 15/06/14 | Witham Dolphins Club Swimming Champs | Witham | Witham Dolph | 4 |
| 54.09 | 144 | F | 03/11/13 | Teamipswich Swimming November Open Meet | Ipswich | Witham Dolph | 3 |
| 54.11 | 144 | F | 01/12/13 | Newmarket & District 3rd Sprint Open Meet | Newmarket | Witham Dolph | 3 |
| 54.44 | 141 | F | 08/06/13 | Witham Dolphins SC Club Summer Championships | Witham | Witham Dolph | 4 |
| 54.44 | 141 | H | 29/06/13 | Basildon & Phoenix SC Novice Gala | Basildon | Witham Dolph | 4 |
| 54.45 | 141 | H | 14/04/13 | Halstead 4th SC Open Meet | Braintree | Witham Dolph | 3 |
| 55.73 | 131 | H | 27/10/12 | Basildon & Phoenix Autumn SC Meet | Basildon | Witham Dolph | 3 |
| 56.65 | 125 | F | 14/12/12 | Witham Dolphin SC Winter Club Championship | Witham | Witham Dolph | 4 |

Swims in Date Order

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| 40.79 | 336 | H | 20/10/19 | Essex Senior Winter Champs | Basildon | Witham Dolph | 2 |
| 40.66 | 339 | F | 12/10/19 | NUEL Early County Qualifier Open Meet 2019 | London Aquatic Ctr | Witham Dolph | 3 |
| 40.25 | 350 | F | 02/06/19 | WDSC Summer Invitational Meet 2019 | Witham LC | Witham Dolph | 4 |
| 40.33 | 348 | H | 14/04/19 | HALSTEAD 10TH SHORT COURSE LICENSED MEET | Braintree | Witham Dolph | 3 |
| 40.14 | 353 | H | 21/10/18 | Essex Senior Winter Champs 2018 | Basildon | Witham Dolph | 2 |
| 40.76 | 337 | F | 24/06/18 | Witham Dolphins Summer Club Championships 2018 | WITHAM | | 4 |
| 40.69 | 338 | H | 15/04/18 | Halstead 9th Short Course Open Meet | Braintree | Witham Dolph | 3 |
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| 52.53 | 157 | H | 11/05/14 | Braintree & Bocking Spring Festival | Braintree | Witham Dolph | 3 |
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| 54.11 | 144 | F | 01/12/13 | Newmarket & District 3rd Sprint Open Meet | Newmarket | Witham Dolph | 3 |
| 54.09 | 144 | F | 03/11/13 | Teamipswich Swimming November Open Meet | Ipswich | Witham Dolph | 3 |
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| 53.36 | 150 | H | 24/02/13 | Essex County Championships | Basildon | Witham Dolph | 2 |
| 56.65 | 125 | F | 14/12/12 | Witham Dolphin SC Winter Club Championship | Witham | Witham Dolph | 4 |
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