

# Individual Best Times (All Time)

Jasmine Wood - (918314) - Witham Dolphins SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time  | WA Pts | Round | Date     | Meet   | Venue               | Club Swam Under | Level |
|-------|--------|-------|----------|--|---------------------|-----------------|-------|
| 30.38 | 429    | F     | 02/06/19 | WDSC Summer Invitational Meet 2019               | Witham LC           | Witham Dolph    | 4     |
| 30.50 | 424    | H     | 20/10/19 | Essex Senior Winter Champs                       | Basildon            | Witham Dolph    | 2     |
| 30.65 | 418    | H     | 21/07/18 | BPSC End Of Season Meet 2018                     | Basildon            | Witham Dolph    | 3     |
| 30.74 | 415    | H     | 20/05/17 | Cheshunt 50th Anniversary Open Meet              | Harlow              | Witham Dolph    | 3     |
| 30.80 | 412    | H     | 21/10/18 | Essex Senior Winter Champs 2018                  | Basildon            | Witham Dolph    | 2     |
| 30.84 | 411    | H     | 14/04/19 | HALSTEAD 10TH SHORT COURSE LICENSED MEET         | Braintree           | Witham Dolph    | 3     |
| 30.86 | 410    | F     | 17/12/17 | Last Chance County Qualifying Meet December 2017 | Fullwell Cross      | Witham Dolph    | 3     |
| 30.89 | 409    | F     | 18/03/18 | Team Ipswich March Open 2018                     | Ipswich             |                 | 3     |
| 30.89 | 409    | F     | 16/12/18 | LB Redbridge Last Chance County Qualifier        | Fullwell Cross Pool | Witham Dolph    | 3     |
| 30.95 | 406    | H     | 02/07/17 | Spring Festival One Day Open Meet                | Braintree           | Witham Dolph    | 3     |
| 31.05 | 402    | F     | 17/06/17 | Witham Dolphins Summer Club Championships        | Witham              |                 | 4     |
| 31.09 | 401    | F     | 24/06/18 | Witham Dolphins Summer Club Championships 2018   | WITHAM              |                 | 4     |
| 31.27 | 394    | F     | 08/10/17 | Bor Redbridge Early County Qual Meet Oct 2017    | Ilford              |                 | 3     |
| 31.29 | 393    | H     | 15/04/18 | Halstead 9th Short Course Open Meet              | Braintree           | Witham Dolph    | 3     |
| 31.86 | 372    | H     | 24/09/17 | Epping Forest District Season Opener Gala 2017   | Loughton            | Witham Dolph    | 3     |
| 32.04 | 366    | F     | 02/10/16 | LBRSC Early Chance October Meet                  | Ilford              |                 | 3     |
| 32.74 | 343    | F     | 18/12/16 | LBRSC Last Chance Qualifying Meet                | Fullwell Cross      |                 | 3     |
| 32.86 | 339    | H     | 10/04/16 | Halstead 7th Short Course Open Meet              | Braintree           | Witham Dolph    | 3     |
| 32.96 | 336    | H     | 09/04/17 | Halstead 8th Short Course Open Meet              | Colchester          | Witham Dolph    | 3     |
| 33.46 | 321    | F     | 20/12/15 | LBRSC Last Chance County Qualifying Meet 2015    | Fullwell Cross      |                 | 3     |
| 33.49 | 320    | H     | 19/06/16 | Colchester 3rd Midsummer Madness Meet 2016       | Colchester          | Witham Dolph    | 3     |
| 33.61 | 317    | F     | 25/06/16 | Witham Dolphins Invitation Meet                  | Braintree           |                 | 4     |
| 34.19 | 301    | F     | 03/10/15 | LBRSC Early County & Regional Qualifier          | Fullwell Cross      |                 | 3     |
| 34.22 | 300    | H     | 26/11/16 | Braintree & Bocking SC Christmas Cracker Meet    | Braintree           | Witham Dolph    | 3     |
| 34.58 | 291    | H     | 10/05/15 | Braintree & Bocking SC Spring Festival Open Meet | Braintree           | Witham Dolph    | 3     |
| 34.83 | 285    | F     | 28/03/15 | Redbridge March Regional Qualifier               | Fullwell Cross      |                 | 3     |
| 35.00 | 281    | H     | 21/06/15 | Colchester 3rd Midsummer Madness Open Meet       | Colchester          | Witham Dolph    | 3     |

|       |     |   |          |  |            |              |   |
|-------|-----|---|----------|--|------------|--------------|---|
| 33.00 | 201 | H | 27/06/13 | Colchester 2nd Midsummer Madness Open Meet   | Colchester | Witham Dolph | 3 |
| 35.34 | 273 | H | 18/01/15 | Essex County Age Group Championships 2015    | Basildon   | Witham Dolph | 2 |
| 35.50 | 269 | H | 07/12/14 | Braintree & Bocking Christmas 2014           | Braintree  | Witham Dolph | 3 |
| 35.81 | 262 | H | 12/04/15 | Halstead 6th Short Course Open Meet          | Braintree  | Witham Dolph | 3 |
| 35.99 | 258 | H | 04/01/15 | Basildon & Phoenix Winter Meet               | Basildon   | Witham Dolph | 2 |
| 36.79 | 242 | F | 19/10/14 | Witham Dolphins SC Closed Meet               | Braintree  | Witham Dolph | 3 |
| 37.80 | 223 | F | 28/09/14 | Teamipswich SC Early Season Open Meet        | Ipswich    | Witham Dolph | 3 |
| 37.91 | 221 | F | 01/12/13 | Newmarket & District 3rd Sprint Open Meet    | Newmarket  | Witham Dolph | 3 |
| 38.05 | 218 | H | 16/02/14 | Essex County Age Groups Championships        | Basildon   | Witham Dolph | 2 |
| 38.51 | 211 | H | 13/04/14 | Halstead 5th Annual Open Meet                | Halstead   | Witham Dolph | 3 |
| 38.69 | 208 | F | 15/06/14 | Witham Dolphins Club Swimming Champs         | Witham     | Witham Dolph | 4 |
| 39.19 | 200 | F | 03/11/13 | Teamipswich Swimming November Open Meet      | Ipswich    | Witham Dolph | 3 |
| 39.69 | 192 | F | 27/10/13 | Witham Dolphins Winter Club Championships    | Witham     | Witham Dolph | 4 |
| 40.37 | 183 | H | 14/04/13 | Halstead 4th SC Open Meet                    | Braintree  | Witham Dolph | 3 |
| 41.43 | 169 | H | 29/06/13 | Basildon & Phoenix SC Novice Gala            | Basildon   | Witham Dolph | 4 |
| 41.75 | 165 | F | 08/06/13 | Witham Dolphins SC Club Summer Championships | Witham     | Witham Dolph | 4 |
| 41.75 | 165 |   | 15/09/13 | Epping Forest District SC Season Opener      | Loughton   | Witham Dolph | 3 |
| 45.33 | 129 | H | 27/10/12 | Basildon & Phoenix Autumn SC Meet            | Basildon   | Witham Dolph | 3 |
| 49.45 | 99  | F | 14/12/12 | Witham Dolphin SC Winter Club Championship   | Witham     | Witham Dolph | 4 |

## Swims in Date Order

| Time  | WA Pts | Round | Date     | Meet   | Venue               | Club Swam Under | Level |
|-------|--------|-------|----------|--|---------------------|-----------------|-------|
| 30.50 | 424    | H     | 20/10/19 | Essex Senior Winter Champs                       | Basildon            | Witham Dolph    | 2     |
| 30.38 | 429    | F     | 02/06/19 | WDSC Summer Invitational Meet 2019               | Witham LC           | Witham Dolph    | 4     |
| 30.84 | 411    | H     | 14/04/19 | HALSTEAD 10TH SHORT COURSE LICENSED MEET         | Braintree           | Witham Dolph    | 3     |
| 30.89 | 409    | F     | 16/12/18 | LB Redbridge Last Chance County Qualifier        | Fullwell Cross Pool | Witham Dolph    | 3     |
| 30.80 | 412    | H     | 21/10/18 | Essex Senior Winter Champs 2018                  | Basildon            | Witham Dolph    | 2     |
| 30.65 | 418    | H     | 21/07/18 | BPSC End Of Season Meet 2018                     | Basildon            | Witham Dolph    | 3     |
| 31.09 | 401    | F     | 24/06/18 | Witham Dolphins Summer Club Championships 2018   | WITHAM              | Witham Dolph    | 4     |
| 31.29 | 393    | H     | 15/04/18 | Halstead 9th Short Course Open Meet              | Braintree           | Witham Dolph    | 3     |
| 30.89 | 409    | F     | 18/03/18 | Team Ipswich March Open 2018                     | Ipswich             | Witham Dolph    | 3     |
| 30.86 | 410    | F     | 17/12/17 | Last Chance County Qualifying Meet December 2017 | Fullwell Cross      | Witham Dolph    | 3     |
| 31.27 | 394    | F     | 08/10/17 | Bor Redbridge Early County Qual Meet Oct 2017    | Ilford              | Witham Dolph    | 3     |
| 31.86 | 372    | H     | 24/09/17 | Epping Forest District Season Opener Gala 2017   | Loughton            | Witham Dolph    | 3     |
| 30.95 | 406    | H     | 02/07/17 | Spring Festival One Day Open Meet                | Braintree           | Witham Dolph    | 3     |
| 31.05 | 402    | F     | 17/06/17 | Witham Dolphins Summer Club Championships        | Witham              | Witham Dolph    | 4     |
| 30.74 | 415    | H     | 20/05/17 | Cheshunt 50th Anniversary Open Meet              | Harlow              | Witham Dolph    | 3     |
| 32.96 | 336    | H     | 09/04/17 | Halstead 8th Short Course Open Meet              | Colchester          | Witham Dolph    | 3     |
| 32.74 | 343    | F     | 18/12/16 | LBRSC Last Chance Qualifying Meet                | Fullwell Cross      | Witham Dolph    | 3     |
| 34.22 | 300    | H     | 26/11/16 | Braintree & Bocking SC Christmas Cracker Meet    | Braintree           | Witham Dolph    | 3     |
| 32.04 | 366    | F     | 02/10/16 | LBRS Early Chance October Meet                   | Ilford              | Witham Dolph    | 3     |
| 33.61 | 317    | F     | 25/06/16 | Witham Dolphins Invitation Meet                  | Braintree           | Witham Dolph    | 4     |
| 33.49 | 320    | H     | 19/06/16 | Colchester 3rd Midsummer Madness Meet 2016       | Colchester          | Witham Dolph    | 3     |
| 32.86 | 339    | H     | 10/04/16 | Halstead 7th Short Course Open Meet              | Braintree           | Witham Dolph    | 3     |
| 33.46 | 321    | F     | 20/12/15 | LBRSC Last Chance County Qualifying Meet 2015    | Fullwell Cross      | Witham Dolph    | 3     |
| 34.19 | 301    | F     | 03/10/15 | LBRSC Early County & Regional Qualifier          | Fullwell Cross      | Witham Dolph    | 3     |
| 35.00 | 281    | H     | 21/06/15 | Colchester 2nd Midsummer Madness Open Meet       | Colchester          | Witham Dolph    | 3     |
| 34.58 | 291    | H     | 10/05/15 | Braintree & Bocking SC Spring Festival Open Meet | Braintree           | Witham Dolph    | 3     |
| 35.81 | 262    | H     | 12/04/15 | Halstead 6th Short Course Open Meet              | Braintree           | Witham Dolph    | 3     |
| 34.83 | 285    | F     | 28/03/15 | Redbridge March Regional Qualifier               | Fullwell Cross      | Witham Dolph    | 3     |
| 35.34 | 273    | H     | 18/01/15 | Essex County Age Group Championships 2015        | Basildon            | Witham Dolph    | 2     |
| 35.99 | 258    | H     | 04/01/15 | Basildon & Phoenix Winter Meet                   | Basildon            | Witham Dolph    | 2     |
| 35.50 | 269    | H     | 07/12/14 | Braintree & Bocking Christmas 2014               | Braintree           | Witham Dolph    | 3     |

|       |     |   |          |  |           |              |  |   |
|-------|-----|---|----------|--|-----------|--------------|--|---|
| 36.79 | 242 | F | 19/10/14 | Witham Dolphins SC Closed Meet               | Braintree |              |  | 3 |
| 37.80 | 223 | F | 28/09/14 | Teamipswich SC Early Season Open Meet        | Ipswich   |              |  | 3 |
| 38.69 | 208 | F | 15/06/14 | Witham Dolphins Club Swimming Champs         | Witham    | Witham Dolph |  | 4 |
| 38.51 | 211 | H | 13/04/14 | Halstead 5th Annual Open Meet                | Halstead  | Witham Dolph |  | 3 |
| 38.05 | 218 | H | 16/02/14 | Essex County Age Groups Championships        | Basildon  | Witham Dolph |  | 2 |
| 37.91 | 221 | F | 01/12/13 | Newmarket & District 3rd Sprint Open Meet    | Newmarket | Witham Dolph |  | 3 |
| 39.19 | 200 | F | 03/11/13 | Teamipswich Swimming November Open Meet      | Ipswich   | Witham Dolph |  | 3 |
| 39.69 | 192 | F | 27/10/13 | Witham Dolphins Winter Club Championships    | Witham    | Witham Dolph |  | 4 |
| 41.75 | 165 |   | 15/09/13 | Epping Forest District SC Season Opener      | Loughton  | Witham Dolph |  | 3 |
| 41.43 | 169 | H | 29/06/13 | Basildon & Phoenix SC Novice Gala            | Basildon  | Witham Dolph |  | 4 |
| 41.75 | 165 | F | 08/06/13 | Witham Dolphins SC Club Summer Championships | Witham    | Witham Dolph |  | 4 |
| 40.37 | 183 | H | 14/04/13 | Halstead 4th SC Open Meet                    | Braintree | Witham Dolph |  | 3 |
| 49.45 | 99  | F | 14/12/12 | Witham Dolphin SC Winter Club Championship   | Witham    | Witham Dolph |  | 4 |
| 45.33 | 129 | H | 27/10/12 | Basildon & Phoenix Autumn SC Meet            | Basildon  | Witham Dolph |  | 3 |