

Individual Best Times (All Time)

Alexandra Palotai-Avella - (916714) - Seagulls Swimming Club - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--------------------------------------------------|----------------------|-----------------|-------|
| 1:09.69 | 533 | F | 19/01/20 | Dorset 2020 Integrated Champs and Age Group Comp | Littledown | Seagulls SC | 2 |
| 1:10.76 | 509 | H | 19/01/20 | Dorset 2020 Integrated Champs and Age Group Comp | Littledown | Seagulls SC | 2 |
| 1:11.26 | 498 | H | 03/02/19 | Dorset 2019 Integrated Champs and Age Group Comp | Bournemouth | Poole | 2 |
| 1:12.76 | 468 | F | 03/02/19 | Dorset 2019 Integrated Champs and Age Group Comp | Bournemouth | Poole | 2 |
| 1:12.90 | 465 | F | 25/11/17 | Swim Bournemouth Short Course L2 Meet | Bournemouth | S Bournem'th | 2 |
| 1:13.69 | 450 | H | 04/02/18 | Dorset County ASA Champs & Age Group Competition | Littledown | S Bournem'th | 2 |
| 1:14.24 | 441 | F | 04/02/18 | Dorset County ASA Champs & Age Group Competition | Littledown | S Bournem'th | 2 |
| 1:15.03 | 427 | F | 26/02/17 | Dorset County Champs & Age Groups | Bournemouth | Bourmth Coll | 2 |
| 1:15.05 | 426 | F | 09/12/18 | Poole Sprints Meet | Rossmore Leisure Cen | Poole | 4 |
| 1:15.69 | 416 | H | 26/02/17 | Dorset County Champs & Age Groups | Bournemouth | Bourmth Coll | 2 |
| 1:17.22 | 391 | F | 30/09/17 | Swim Bournemouth Club Championship | Wimborne | S Bournem'th | 4 |
| 1:17.24 | 391 | F | 15/09/18 | Swim Bournemouth Club Championships 2018 | Littledown Centre | S Bournem'th | 4 |
| 1:17.35 | 389 | F | 11/12/16 | CO Southampton 7th Christmas Open Meet | Southampton | Bourmth Coll | 3 |
| 1:24.28 | 301 | | 24/10/15 | Swim Bournemouth 2015 Level 4 Introductory Meet | Littledown | S Bournem'th | 4 |
| 1:30.55 | 243 | | 05/07/14 | 2014 Dorset Development Competition | Littledown | S Bournem'th | 3 |
| 1:30.55 | 243 | | 06/07/14 | 2014 Dorset Development Competition | Littledown | S Bournem'th | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--------------------------------------------------|----------------------|-----------------|-------|
| 1:09.69 | 533 | F | 19/01/20 | Dorset 2020 Integrated Champs and Age Group Comp | Littledown | Seagulls SC | 2 |
| 1:10.76 | 509 | H | 19/01/20 | Dorset 2020 Integrated Champs and Age Group Comp | Littledown | Seagulls SC | 2 |
| 1:12.76 | 468 | F | 03/02/19 | Dorset 2019 Integrated Champs and Age Group Comp | Bournemouth | Poole | 2 |
| 1:11.26 | 498 | H | 03/02/19 | Dorset 2019 Integrated Champs and Age Group Comp | Bournemouth | Poole | 2 |
| 1:15.05 | 426 | F | 09/12/18 | Poole Sprints Meet | Rossmore Leisure Cen | Poole | 4 |
| 1:17.24 | 391 | F | 15/09/18 | Swim Bournemouth Club Championships 2018 | Littledown Centre | S Bournem'th | 4 |
| 1:14.24 | 441 | F | 04/02/18 | Dorset County ASA Champs & Age Group Competition | Littledown | S Bournem'th | 2 |

| | | | | | | | |
|---------|-----|---|----------|--------------------------------------------------|-------------|--------------|---|
| 1:13.69 | 450 | H | 04/02/18 | Dorset County ASA Champs & Age Group Competition | Littledown | S Bournem'th | 2 |
| 1:12.90 | 465 | F | 25/11/17 | Swim Bournemouth Short Course L2 Meet | Bournemouth | S Bournem'th | 2 |
| 1:17.22 | 391 | F | 30/09/17 | Swim Bournemouth Club Championship | Wimborne | S Bournem'th | 4 |
| 1:15.03 | 427 | F | 26/02/17 | Dorset County Champs & Age Groups | Bournemouth | Bourmth Coll | 2 |
| 1:15.69 | 416 | H | 26/02/17 | Dorset County Champs & Age Groups | Bournemouth | Bourmth Coll | 2 |
| 1:17.35 | 389 | F | 11/12/16 | CO Southampton 7th Christmas Open Meet | Southampton | Bourmth Coll | 3 |
| 1:24.28 | 301 | | 24/10/15 | Swim Bournemouth 2015 Level 4 Introductory Meet | Littledown | S Bournem'th | 4 |
| 1:30.55 | 243 | | 06/07/14 | 2014 Dorset Development Competition | Littledown | S Bournem'th | 3 |
| 1:30.55 | 243 | | 05/07/14 | 2014 Dorset Development Competition | Littledown | S Bournem'th | 3 |