

Individual Best Times (All Time)

Alexandra Palotai-Avella - (916714) - Seagulls Swimming Club - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:26.38	576	F	30/11/19	Swim Wales Short Course Championships	WNPS	Seagulls SC	2
2:28.74	549	F	16/03/19	Poole Swimming Club Regional Qualifier 2019	Dorchester	Poole	3
2:29.57	540	H	30/11/19	Swim Wales Short Course Championships	WNPS	Seagulls SC	2
2:29.69	539	H	16/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	Poole	2
2:29.73	539	F	15/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	Poole	2
2:30.72	528	H	02/11/19	South West Region Winter SC Championships	Millfield	Seagulls SC	2
2:32.22	513	F	16/12/17	City of Bristol Christmas Cracker Meet	Hengrove Park LC	S Bournem'th	2
2:33.62	499	F	17/11/18	Swim Bournemouth Winter Short Course L2 Meet	Bournemouth	S Bournem'th	2
2:33.78	497	F	28/10/18	Portsmouth Northsea First Chance County Qualifier	Mountbatten sc	S Bournem'th	3
2:38.31	456	F	16/09/18	Swim Bournemouth Club Championships 2018	Littledown Centre	S Bournem'th	4
2:38.65	453	F	22/10/17	Swim Bournemouth Club Championship	Wimborne	S Bournem'th	4
2:39.53	445	H	02/12/16	Swim Wales Short Course Championships	Swansea	Bourmth Coll	2
2:39.69	444	H	18/02/17	Dorset County Champs & Age Groups	Bournemouth	Bourmth Coll	2
2:45.96	395	F	20/12/15	Yeovil Christmas 2015 Open Meet	Millfield	S Bournem'th	3
2:46.22	394		27/02/16	Dorset County ASA Integrated Champs & AG	Littledown	S Bournem'th	2
2:47.16	387		25/10/15	Swim Bournemouth 2015 Level 4 Introductory Meet	Littledown	S Bournem'th	4
2:47.25	386		29/11/15	Swim Bournemouth Winter Short Course L2 Meet	Littledown	S Bournem'th	2
2:59.30	313		21/02/15	Dorset County ASA 2015 Interated BAGCATs	Littledown	S Bournem'th	2
3:13.12	251		06/07/14	2014 Dorset Development Competition	Littledown	S Bournem'th	3
3:16.83	237		22/02/14	Dorset County Age Group Champs 2014	Littledown	S Bournem'th	2
3:18.68	230		06/04/14	Swim Bournemouth 4th Annual Open Meet	Bournemouth	S Bournem'th	2
3:25.45	208		17/11/13	Swim Bournemouth 5th Christmas Open Meet	Bournemouth	S Bournem'th	3

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