

Individual Best Times (All Time)

Ella-Rose Bowman - (916703) - Swim Bournemouth - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-------------|-----------------|-------|
| 1:19.13 | 489 | F | 26/11/17 | Swim Bournemouth Short Course L2 Meet | Bournemouth | S Bournem'th | 2 |
| 1:21.22 | 452 | F | 09/04/17 | Swim Bournemouth Spring Short Course Meet | Bournemouth | S Bournem'th | 2 |
| 1:22.75 | 427 | F | 19/03/17 | Swim Bournemouth Club First Time Qualifier Meet | Wimborne | S Bournem'th | 4 |
| 1:30.69 | 325 | | 28/02/15 | Dorset County ASA 2015 Interated BAGCATs | Littledown | S Bournem'th | 2 |
| 1:35.83 | 275 | | 01/03/14 | Dorset County Age Group Champs 2014 | Littledown | S Bournem'th | 2 |

Swims in Date Order

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|---------|--------|-------|----------|---|-------------|-----------------|-------|
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