

# Individual Best Times (All Time)

Ella-Rose Bowman - (916703) - Swim Bournemouth - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.48	521	F	18/02/17	Dorset County Champs & Age Groups	Bournemouth	S Bournem'th	2
28.53	519	F	09/04/17	Swim Bournemouth Spring Short Course Meet	Bournemouth	S Bournem'th	2
28.57	516	H	18/02/17	Dorset County Champs & Age Groups	Bournemouth	S Bournem'th	2
28.76	506	F	16/10/16	Swim Bournemouth Autumn L2 Open Meet	Bournemouth	S Bournem'th	2
28.79	505		27/02/16	Dorset County ASA Integrated Champs & AG	Littledown	S Bournem'th	2
28.79	505	F	26/11/17	Swim Bournemouth Short Course L2 Meet	Bournemouth	S Bournem'th	2
28.83	503	H	06/11/16	ASA SWR Winter Championships	Millfield	S Bournem'th	2
29.05	491		02/04/16	Swim Bournemouth Spring L2 Open Meet	Bournemouth	S Bournem'th	2
29.20	484	F	30/09/17	Swim Bournemouth Club Championship	Wimborne	S Bournem'th	4
29.66	462		27/02/16	Dorset County ASA Integrated Champs & AG	Littledown	S Bournem'th	2
29.71	459	F	03/09/16	Swim Bournemouth Season Starter Club Meet L4	Wimborne	S Bournem'th	4
29.97	447		20/12/15	Swim Bournemouth Winter Sprints	Wimborne	S Bournem'th	4
30.10	442		29/11/15	Swim Bournemouth Winter Short Course L2 Meet	Littledown	S Bournem'th	2
30.15	439	F	20/01/19	Swim Bournemouth NoTime and Graded Meet Qualifier	Wimborne	S Bournem'th	4
30.56	422		21/02/15	Dorset County ASA 2015 Interated BAGCATs	Littledown	S Bournem'th	2
32.16	362		22/02/14	Dorset County Age Group Champs 2014	Littledown	S Bournem'th	2
34.04	305		17/11/13	Swim Bournemouth 5th Christmas Open Meet	Bournemouth	S Bournem'th	3
34.57	291		06/04/13	Swim Bournmouth 3rd Annual Open Meet	Littledown	S Bournem'th	2
34.66	289		23/02/13	Dorset County Championships	Littledown	S Bournem'th	2
36.66	244		15/12/12	Swim Bournemouth 4th Christmas Meet	Bournemouth	S Bournem'th	2
37.73	224		07/07/12	Dorset County ASA Development Meet	Bournemouth	S Bournem'th	3
38.68	208		14/10/12	Swim Bournemouth 2nd Annual Junior Open	Bournemouth	S Bournem'th	3
39.27	199		14/04/12	Swim Bournemouth 2nd Annual Open Meet	Littledown	S Bournem'th	2

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