

Individual Best Times (All Time)

Aimie Quarrie - (916701) - Poole SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:01.40	634	F	21/10/23	CW+Millfield Int'l Meet Part of 23/24 Arena Series	Millfield School		2
5:04.37	615	F	06/11/22	SWR Short Course Winter	Millfield		2
5:05.07	611	F	15/10/22	The Winchester Autumn Qualifier	Winchester		2
5:06.14	605	H	17/12/23	Swim England Winter Championships 2023	Sheffield	Poole	2
5:08.12	593		03/11/19	South West Region Winter SC Championships	Millfield	Poole	2
5:08.12	593	H	03/11/19	South West Region Winter SC Championships	Millfield	Poole	2
5:08.35	592	H	02/02/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	Poole	2
5:08.82	589	H	03/12/22	National Winter Championships 2022	Sheffield	Poole	2
5:09.13	587	H	05/12/21	Swim England National Winter Championships (25m)	Sheffield	Poole	2
5:10.72	578	H	14/01/23	Dorset County Championships 2023	Littledown	Poole	2
5:11.04	576	F	16/10/21	Team Bath AS TYR Super Series	Millfield		2
5:13.98	560	F	07/11/21	SE South West Region SC Winter Championships	Millfield School		2
5:14.74	556	H	15/01/22	Dorset County 2022 Championships & Age Group Comp	Littledown	Poole	2
5:15.05	555	F	16/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	Poole	2
5:15.56	552	F	17/03/19	Poole Swimming Club Regional Qualifier 2019	Dorchester	Poole	3
5:15.87	550	F	18/11/18	Guildford City L2 Winter Open	Surrey SP	Poole	2
5:15.99	550	F	19/10/19	Millfield & Team Bath Super Series L2 SC Meet	Millfield	Poole	2
5:19.87	530	F	28/10/18	Poole Swimming Club Season Starter 2018	Dorchester	Poole	3
5:21.04	524	F	04/07/21	Poole SC Championship 2021	Poole		4
5:22.35	518	H	02/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	Poole	2
5:24.49	508	H	03/02/18	Dorset County ASA Champs & Age Group Competition	Littledown	Poole	2
5:30.81	479	F	26/11/17	Swim Bournemouth Short Course L2 Meet	Bournemouth	Poole	2
5:32.00	474	F	16/07/17	Poole Club Championships	Poole	Poole	4
5:38.97	445	F	29/10/17	Poole Season Starter 2017	Dorchester	Poole	3
5:40.61	439	H	25/02/17	Dorset County Champs & Age Groups	Bournemouth	Poole	2
5:42.34	432	F	09/04/17	Swim Bournemouth Spring Short Course Meet	Bournemouth	Poole	2
5:55.70	385		02/04/16	Swim Bournemouth Spring L2 Open Meet	Bournemouth	Poole	2

5:55.79	385		02/04/16	Swim Bournemouth Spring L2 Open Meet	Bournemouth	Poole	
5:57.57	379	F	16/10/16	Swim Bournemouth Autumn L2 Open Meet	Bournemouth	Poole	2
6:02.60	364	F	17/07/16	Poole Club Championships	Poole	Poole	4
6:10.97	340		25/10/15	Swim Bournemouth 2015 Level 4 Introductory Meet	Littledown	S Bournem'th	4

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