## **Individual Best Times (All Time)**

Kirk Franks - (912999) - Bellshill Sharks ASC - 200 Backstroke - Short Course

**Performance Graph** 

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:53.93	223	F	04/09/16	North Ayrshire Distance Meet	Stevenston	Bellshill	2
2:56.37	214	F	09/11/16	South Lanarkshire Schools Swimming Championships	South Lanarkshire		2
3:08.56	175	F	29/11/15	Dumfries Advent Meet	Bellshill	Bellshill	2
3:17.84	152	F	20/09/14	Stirling Autumn Meet	Stirling	Bellshill	2
3:35.52	117	F	30/11/13	Cumbernauld Open Age Group Meet	Cumbernauld	Bellshill	2
3:51.94	94	F	05/05/13	North Ayrshire Junior Meet	Auchenharvie	Bellshill	2
4:00.93	84	F	16/06/12	Cumbernauld SC Open Age Group Meet	Cumbernauld	Bellshill	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:56.37	214	F	09/11/16	South Lanarkshire Schools Swimming Championships	South Lanarkshire		2
2:53.93	223	F	04/09/16	North Ayrshire Distance Meet	Stevenston	Bellshill	2
3:08.56	175	F	29/11/15	Dumfries Advent Meet	Bellshill	Bellshill	2
3:17.84	152	F	20/09/14	Stirling Autumn Meet	Stirling	Bellshill	2
3:35.52	117	F	30/11/13	Cumbernauld Open Age Group Meet	Cumbernauld	Bellshill	2
3:51.94	94	F	05/05/13	North Ayrshire Junior Meet	Auchenharvie	Bellshill	2
4:00.93	84	F	16/06/12	Cumbernauld SC Open Age Group Meet	Cumbernauld	Bellshill	2

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