

# Individual Best Times (All Time)

Joseph Russell - (911567) - Mount Kelly Swimming - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:11.76	576	H	08/12/18	Scottish National Short Course Open Swimming	Edinburgh	Mt Kelly	2
2:12.96	560	H	03/11/18	ASA SWR Winter Championships	Millfield	Mt Kelly	2
2:13.32	556	F	03/11/18	ASA SWR Winter Championships	Millfield	Mt Kelly	2
2:13.55	553	F	15/01/17	Devon County Championships & Age Groups 2017	Plymouth	Mt Kelly	2
2:14.68	539	H	03/11/19	South West Region Winter SC Championships	Millfield	Mt Kelly	2
2:14.85	537	F	18/11/18	The Plymouth Leander Winter National Qualifier	Plymouth	Mt Kelly	2
2:15.09	534	H	15/01/17	Devon County Championships & Age Groups 2017	Plymouth	Mt Kelly	2
2:16.85	514	H	05/11/16	ASA SWR Winter Championships	Millfield	Mt Kelly	2
2:17.00	512	H	29/09/18	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Mt Kelly	2
2:17.63	505	H	10/12/16	Scottish National Short Course Championships	Edinburgh	Mt Kelly	1
2:18.91	491	H	11/12/20	Mount Kelly	Mount Kelly	Mt Kelly	0
2:24.15	439	H	05/12/15	Gravesend & Northfleet Open Meet 2015	Gillingham		3
2:24.92	432	H	03/01/16	Dover and Canterbury (Jointly) Icebreaker 2016	Kent	Co Cant'bury	3
2:25.21	430	F	06/10/19	CARN BREA & HELSTON 34TH OPEN MEET	Bodmin	Mt Kelly	2
2:35.26	352	H	01/03/15	2015 Kent County Swimming Championships	Gillingham		2
2:36.00	347	F	29/03/15	City of Canterbury Spring Open Meet	Canterbury	Co Cant'bury	3
2:39.58	324	H	06/12/14	Gravesend & Northfleet Open Meet 2014	Gillingham		3
2:39.63	323	H	11/01/15	Dover LG Club & City of Canterbury Icebreaker	Canterbury		3
2:50.95	263	F	14/09/14	City of Canterbury SC Club Championships 2014	Caterbury	Co Cant'bury	4
2:51.26	262	F	27/04/14	City of Canterbury Sprint Open Gala	Canterbury	Co Cant'bury	3
2:53.67	251	H	04/05/14	Black Lion SC L3 Spring Open Meet 2014	Gillingham	Co Cant'bury	3
3:01.82	219	H	30/11/13	Gravesend & North Fleet Autumn Open Meet	Gillingham	Co Cant'bury	3
3:09.01	195	H	05/10/13	East Invicta ASA Annual Championships	Canterbury	Co Cant'bury	3
3:15.60	176	F	15/09/13	City of Canterbury Club Championships	Canterbury	Co Cant'bury	4

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