## **Individual Best Times (All Time)**

Ben Allen - (910835) - West Suffolk Swimming Club - 50 Breaststroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
40.14	240	F	01/10/17	West Suffolk Neate Meet	Bury St Edmunds	West Suffolk	3
41.40	218	F	07/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
43.57	187	Н	03/09/16	Halstead 4th Season Sprint Starter	Braintree	West Suffolk	3
43.68	186		07/01/17	Sudbury January Last Chance Time Trial	Sudbury	West Suffolk	3
44.05	181	F	08/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
44.95	171	F	19/06/16	Suffolk County ASA County Development Championship	Newmarket	West Suffolk	3
45.22	167		02/04/16	Sudbury & District Spring Two Day Open Meet	Sudbury	West Suffolk	3
46.17	157		02/01/16	Sudbury & District January Last Chance TT	Sudbury	West Suffolk	3
46.98	149	F	21/11/15	Deben SC Open Meet 2015	Woodbridge	West Suffolk	3
49.06	131	F	10/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	West Suffolk	3
51.29	115		10/01/15	Sudbury January Last Chance Time Trials	Sudbury	West Suffolk	3
54.10	98	Н	13/04/14	Halstead 5th Annual Open Meet	Halstead	West Suffolk	3
55.27	91	F	06/10/13	West Suffolk SC Novice Gala 2013	Bury St Edmunds	West Suffolk	3
56.48	86	F	11/05/13	West Suffolk SC Open Meet	Bury St Edmunds	West Suffolk	3
56.59	85	Н	14/07/13	City of Cambridge Summer Open Meet	Cambridge	West Suffolk	3
59.90	72	F	09/10/12	West Suffolk SC 2012 Club Championships	Bury St Edmunds	West Suffolk	4
1:00.16	71		13/01/13	Sudbury & District Last Chance Open Meet	Sudbury	West Suffolk	3
1:10.74	43	F	13/11/11	West Suffolk November Meet	Bury St Edmunds	West Suffolk	4

## Swims in Date Order

	Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
	40.14	240	F	01/10/17	West Suffolk Neate Meet	Bury St Edmunds	West Suffolk	3
	41.40	218	F	07/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
	43.68	186		07/01/17	Sudbury January Last Chance Time Trial	Sudbury	West Suffolk	3
	43.57	187	Н	03/09/16	Halstead 4th Season Sprint Starter	Braintree	West Suffolk	3
Copy	44.95 right 202	171 <b>4</b>	F	19/06/16	Suffolk County ASA County Development Championship	Newmarket	West Suffolk Powered By SPORT	3 SYSTEMS

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44.05	181	F	08/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
45.22	167		02/04/16	Sudbury & District Spring Two Day Open Meet	Sudbury	West Suffolk	3
46.17	157		02/01/16	Sudbury & District January Last Chance TT	Sudbury	West Suffolk	3
46.98	149	F	21/11/15	Deben SC Open Meet 2015	Woodbridge	West Suffolk	3
49.06	131	F	10/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	West Suffolk	3
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55.27	91	F	06/10/13	West Suffolk SC Novice Gala 2013	Bury St Edmunds	West Suffolk	3
56.59	85	Н	14/07/13	City of Cambridge Summer Open Meet	Cambridge	West Suffolk	3
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