

# Individual Best Times (All Time)

Ben Allen - (910835) - West Suffolk Swimming Club - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:39.69	330	F	01/10/17	West Suffolk Neate Meet	Bury St Edmunds	West Suffolk	3
5:42.16	323	F	09/04/17	Newmarket & District 9th April Open Meet	Newmarket	West Suffolk	3
6:01.54	273		02/04/16	Sudbury & District Spring Two Day Open Meet	Sudbury	West Suffolk	3
6:03.52	269	F	30/11/15	West Suffolk Club Championships 2015	Bury St Edmunds	West Suffolk	4
6:17.29	241		02/01/16	Sudbury & District January Last Chance TT	Sudbury	West Suffolk	3
6:21.05	233	F	18/04/15	Newmarket & District Seventh Open Meet	Newmarket	West Suffolk	3
6:34.16	211		10/01/15	Sudbury January Last Chance Time Trials	Sudbury	West Suffolk	3
6:46.33	192	F	21/11/14	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4

## Swims in Date Order

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5:39.69	330	F	01/10/17	West Suffolk Neate Meet	Bury St Edmunds	West Suffolk	3
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