

Individual Best Times (All Time)

Ben Allen - (910835) - West Suffolk Swimming Club - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.33	386	F	01/12/18	WSSC Club Championships 2018	Bury St Edmunds	West Suffolk	4
1:06.83	378	F	27/11/21	West Suffolk SC Club Championships 2021	Bury St Edmunds	West Suffolk	4
1:07.28	370	F	04/12/21	Newmarket & District SC December Open	Newmarket		3
1:07.85	361	F	13/04/19	Newmarket & District April Open Meet	Newmarket	West Suffolk	3
1:07.86	361	F	23/11/19	WSSC Club Championships 2019	Bury St Edmunds	West Suffolk	4
1:08.66	348	H	16/03/19	West Norfolk Open Meet 2019	St James Pool	West Suffolk	3
1:08.80	346	H	17/06/18	Suffolk County Development Meet	Ipswich	West Suffolk	3
1:09.01	343	F	16/12/18	STOWMARKET NO FRILLS OPEN MEET	STOWMARKET	West Suffolk	3
1:09.22	340	F	07/04/18	Newmarket & District April Open Meet	Newmarket	West Suffolk	3
1:09.29	339	F	06/10/18	The Neate Meet 2018	Bury St Edmunds	West Suffolk	3
1:10.13	327	F	29/11/17	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
1:10.28	325	F	18/11/17	UEA Norwich November Short Course Open Meet	Norwich	West Suffolk	3
1:10.31	324	F	18/06/17	Suffolk County Development Meet	Ipswich	West Suffolk	3
1:10.41	323		14/12/19	Sudbury & District December Last Chance Time Trial	Sudbury	West Suffolk	3
1:13.14	288	F	08/04/17	Newmarket & District 9th April Open Meet	Newmarket	West Suffolk	3
1:16.03	256	F	15/10/16	Deben Open Meet 2016	Deben	West Suffolk	3
1:17.01	247	F	01/10/16	West Suffolk The Neate Meet	Bury St Edmunds	West Suffolk	3
1:18.73	231	F	19/06/16	Suffolk County ASA County Development Championship	Newmarket	West Suffolk	3
1:20.67	215	F	21/11/15	Deben SC Open Meet 2015	Woodbridge	West Suffolk	3
1:21.94	205	F	07/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:22.25	202		02/04/16	Sudbury & District Spring Two Day Open Meet	Sudbury	West Suffolk	3
1:22.91	198		28/06/15	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
1:24.41	187	F	09/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:24.47	187		02/01/16	Sudbury & District January Last Chance TT	Sudbury	West Suffolk	3
1:27.66	167	F	07/12/14	Newmarket 4th Sprint Open Meet	Newmarket	West Suffolk	3
1:28.18	164	F	09/05/14	The Neate Meet	Bury St Edmunds	West Suffolk	3
1:28.22	162	F	12/10/14	West Suffolk SC Novice Gala	Bury St Edmunds	West Suffolk	3

1:20.99	100	F	12/10/14	West Suffolk SC Novice Gala	Bury St Edmunds	West Suffolk	3
1:29.43	157	H	13/04/14	Halstead 5th Annual Open Meet	Halstead	West Suffolk	3
1:40.61	110	F	06/10/13	West Suffolk SC Novice Gala 2013	Bury St Edmunds	West Suffolk	3
1:41.88	106	H	14/07/13	City of Cambridge Summer Open Meet	Cambridge	West Suffolk	3

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