

# Individual Best Times (All Time)

Charles Palmer - (910825) - Swansea University SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:22.76	527	F	04/11/18	City of Cardiff Capital Open Meet	Cardiff	Rushmoor Ryl	2
4:24.05	519	F	14/06/21	Swim Wales Super Series 2021 - Round 1, Session 1	Swansea		0
4:29.98	485	H	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	Rushmoor Ryl	2
4:30.07	485	H	04/07/21	Rushmoor Royals SC Club Championships 2021	Heathfield School		4
4:30.07	485	H	04/07/21	Rushmoor Royals Swimming Club	Heathfields		0
4:32.19	474	F	24/10/21	Swansea Aquatics Club Championships 2021	Penlan LC		3
4:35.43	457	H	13/09/19	RRSC Club Championships 2019	Aldershot		4
4:36.29	453	H	23/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:32.19	474	F	24/10/21	Swansea Aquatics Club Championships 2021	Penlan LC		3
4:30.07	485	H	04/07/21	Rushmoor Royals SC Club Championships 2021	Heathfield School		4
4:30.07	485	H	04/07/21	Rushmoor Royals Swimming Club	Heathfields		0
4:24.05	519	F	14/06/21	Swim Wales Super Series 2021 - Round 1, Session 1	Swansea		0
4:35.43	457	H	13/09/19	RRSC Club Championships 2019	Aldershot		4
4:29.98	485	H	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	Rushmoor Ryl	2
4:22.76	527	F	04/11/18	City of Cardiff Capital Open Meet	Cardiff	Rushmoor Ryl	2
4:36.29	453	H	23/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4