

Individual Best Times (All Time)

Abbie Winstanley - (906764) - City of Manchester Aquatics - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:16.47	542	F	27/01/18	2018 Cumbrian County Championships & Age Groups	Carlisle	Cockermouth	2
1:16.64	538	H	17/11/18	Stockport Metro November Short Course Open Meet	Stockport	Cockermouth	2
1:17.09	529	H	18/11/17	Stockport Metro November Meet 2017	Stockport	Cockermouth	2
1:17.15	528	H	23/09/18	Workington ASC 9th Presidents Open Meet	Workington	Cockermouth	3
1:17.71	516	H	07/10/18	Swim England National County Team Div 2 Champs	Sheffield	Cumbria	2
1:17.82	514	H	15/12/18	Workington & Cockermouth Allerdale Club Champs	Workington	Cockermouth	3
1:17.85	513	H	27/01/18	2018 Cumbrian County Championships & Age Groups	Carlisle	Cockermouth	2
1:17.97	511	H	23/09/17	8th Presidents Open Meet	Workington	Workington	3
1:18.31	504	H	03/11/18	Swim England NWR Winter Championships	Manchester	Cockermouth	2
1:18.54	500	H	21/09/19	Workington ASC 10th Presidents Open Meet	Cumbria	Cockermouth	3
1:18.56	500	F	25/01/20	2020 Cumbria County Championships and Age Groups	Workington	Cockermouth	2
1:18.94	492	H	28/01/17	Cumbria Age Groups & County Championships	Workington	Workington	2
1:19.01	491	H	02/07/23	Bolton Metro SS Summer Sprint Meet 2023	Bolton	Co Manch Aq	3
1:19.06	490	F	28/01/17	Cumbria Age Groups & County Championships	Workington	Workington	2
1:19.16	488	H	13/01/19	2019 Cumbria County Championships and Age Groups	Workington	Cockermouth	2
1:19.19	488	H	26/11/17	Allerdale Gala 2017	Workington	Workington	3
1:19.27	486	H	02/12/17	2017 Cumbria Winter Meet	Workington	Workington	3
1:19.35	485	H	23/11/19	Allerdale Club Championships 2019	Workington	Cockermouth	3
1:19.85	476	H	25/01/20	2020 Cumbria County Championships and Age Groups	Workington	Cockermouth	2
1:20.07	472	H	26/06/16	Central Lancashire SWPA Inter Association	Wigan	Cumbria	3
1:20.52	464	H	24/09/16	Workington 7th Presidents Open Meet	Workington	Workington	3
1:20.66	462	H	05/11/16	ASA North West Region Winter Championships	Manchester	Workington	2
1:20.95	457	F	13/01/19	2019 Cumbria County Championships and Age Groups	Workington	Cockermouth	2
1:21.03	455	H	18/10/15	ASA National County Teams Division 2	Sheffield		2
1:22.62	429	F	15/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven		2
1:22.63	429	H	13/06/15	20th Copeland Graded Gala	Whitehaven		3
1:22.71	428	H	22/11/15	Bolton & Manchester SWPA Inter Association	Wigan		3

1:22.71	420	H	22/11/13	Bolton & Manchester SWPA Inter Association	Wigan			
1:22.81	427	H	15/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven			2
1:23.23	420	H	21/11/15	Stockport Metro November Meet 2015	Stockport	Cockermouth		2
1:23.34	418	H	07/12/14	Workington Club Champs	Workington			4
1:23.53	416	H	27/02/16	Cumbria Age Groups & County Championships	Kendal	Workington		2
1:23.84	411	H	06/12/15	2015 Cumbria Autumn Meet	Whitehaven			3
1:23.85	411	H	07/11/15	ASA North West Region Winter Championships	Liverpool			2
1:24.09	407	H	18/04/15	Knowsley Spring Level 2 Gala	Huyton			2
1:24.37	403	H	16/10/16	The Allerdale Gala 2016	Workington	Workington		3
1:24.79	397	H	28/11/15	Wigan B.E.S.T SC Future Stars Open Meet	Wigan			2
1:24.81	397	F	01/10/15	Cockermouth Club Championships	Cockermouth	Cockermouth		4
1:25.10	393	F	15/11/14	Wigan BEST Future Stars Open Meet	Wigan	Workington		2
1:25.10	393	F	15/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven			2
1:25.11	393	H	25/05/14	Blackpool Rocks Level 3 Open Meet	Blackpool	Workington		3
1:25.13	393	H	24/01/15	2015 Cumbria Winter Meet	Workington			3
1:25.35	390	F	27/02/16	Cumbria Age Groups & County Championships	Kendal	Workington		2
1:25.36	389	F	30/10/15	Eyemouth Open Meet	Eyemouth			3
1:25.42	389	H	12/09/15	Workington ASC 6th Presidents Open Meet	Workington			3
1:25.53	387	F	27/09/14	Ulverston ASC Grade Age Group Meet	Kendal	Workington		3
1:26.20	378	H	16/03/14	Cumbria County Championships	Whitehaven	Workington		2
1:28.53	349	F	16/03/14	Cumbria County Championships	Whitehaven	Workington		2
1:28.60	348	F	16/11/13	Wigan BEST Future Stars Meet	Wigan	Workington		1
1:28.84	345	F	31/10/14	Eyemouth Open Meet	Eyemouth			2
1:33.57	296	H	21/09/13	2013 Cumbria ASA Inter- Association Qualifier	Carlisle	Workington		3
1:39.18	248	F	09/06/13	Dumfries Open Meet	Dumfries	Workington		2
1:41.00	235	H	15/06/13	Copeland ASC 17th Graded Gala	Whitehaven	Workington		3

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