

Individual Best Times (All Time)

Abbie Winstanley - (906764) - City of Manchester Aquatics - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.68	547	H	02/07/23	Bolton Metro SS Summer Sprint Meet 2023	Bolton	Co Manch Aq	3
34.82	540	F	03/11/18	Swim England NWR Winter Championships	Manchester	Cockermouth	2
34.83	540	F	02/11/19	Swim England North West Winter Championships 2019	Manchester	Cockermouth	2
35.27	520	H	03/11/18	Swim England NWR Winter Championships	Manchester	Cockermouth	2
35.27	520	H	02/11/19	Swim England North West Winter Championships 2019	Manchester	Cockermouth	2
35.29	519	F	27/01/18	2018 Cumbrian County Championships & Age Groups	Carlisle	Cockermouth	2
35.36	516	H	27/01/18	2018 Cumbrian County Championships & Age Groups	Carlisle	Cockermouth	2
35.47	511	H	18/11/18	Stockport Metro November Short Course Open Meet	Stockport	Cockermouth	2
35.92	492	H	26/11/17	Allerdale Gala 2017	Workington	Workington	3
35.94	491	H	02/12/17	2017 Cumbria Winter Meet	Workington	Workington	3
35.94	491	H	17/11/19	Stockport Metro November SC Open Meet	Grand Central Pools	Cockermouth	2
35.99	489	H	21/09/19	Workington ASC 10th Presidents Open Meet	Cumbria	Cockermouth	3
36.29	477	H	06/11/16	ASA North West Region Winter Championships	Manchester	Workington	2
36.33	476	H	23/09/17	8th Presidents Open Meet	Workington	Workington	3
36.68	462	H	24/11/19	Allerdale Club Championships 2019	Workington	Cockermouth	3
36.82	457	H	16/12/18	Workington & Cockermouth Allerdale Club Champs	Workington	Cockermouth	3
36.89	454	F	29/01/17	Cumbria Age Groups & County Championships	Workington	Workington	2
37.11	446	H	08/02/20	2020 Cumbria County Championships and Age Groups	Workington	Cockermouth	2
37.18	444	H	19/01/19	2019 Cumbria County Championships and Age Groups	Kendal	Cockermouth	2
37.58	430	F	28/10/16	Eyemouth Open Meet	Eyemouth		3
37.63	428	H	29/01/17	Cumbria Age Groups & County Championships	Workington	Workington	2
37.86	420	H	24/09/16	Workington 7th Presidents Open Meet	Workington	Workington	3
38.00	416	H	06/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	Workington	2
38.23	408	H	03/12/16	2016 Cumbria Winter Meet	Kendal	Workington	3
38.38	403	F	06/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	Workington	2
38.40	403	F	16/11/14	Wigan BEST Future Stars Open Meet	Wigan	Workington	2
38.47	401	H	08/11/15	ASA North West Region Winter Championships	Liverpool		2

36.47	401	H	06/11/13	ASA North West Region Winter Championships	Liverpool		
38.71	393	H	28/11/15	Wigan B.E.S.T SC Future Stars Open Meet	Wigan		2
39.02	384	H	16/10/16	The Allerdale Gala 2016	Workington	Workington	3
39.23	378	F	01/10/15	Cockermouth Club Championships	Cockermouth	Cockermouth	4
39.59	367	H	08/03/15	2015 Cumbria Age Groups & County Championships	Kendal		2
39.61	367	H	18/04/15	Knowsley Spring Level 2 Gala	Huyton		2
39.66	366	H	09/03/14	Cumbrian Age Groups and County Champs	Kendal	Workington	2
40.31	348	H	24/05/14	Blackpool Rocks Level 3 Open Meet	Blackpool	Workington	3
40.48	344	H	09/02/14	Middlesbrough ASC AA Grade 2014	Middlesbrough	Workington	3
41.10	328	F	17/11/13	Wigan BEST Future Stars Meet	Wigan	Workington	1
44.76	254	H	15/06/13	Copeland ASC 17th Graded Gala	Whitehaven	Workington	3
45.58	241	F	09/06/13	Dumfries Open Meet	Dumfries	Workington	2
47.45	213	H	25/05/13	Blackpool "Rocks" Level 3 Open Meet	Blackpool	Workington	3
47.83	208	H	20/04/13	Copeland 19th Bill & Monica Griffin	Whitehaven	Workington	3
48.02	206	H	10/03/13	Cumbria Age Group & County Championships	Kendal	Workington	2
48.85	195	F	29/09/12	Ulverston ASC Graded Open Age Group Meet	Kendal	Workington	3

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