

Individual Best Times (All Time)

Abbie Winstanley - (906764) - City of Manchester Aquatics - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:11.29	593	F	26/01/20	2020 Cumbria County Championships and Age Groups	Workington	Cockermouth	2
2:11.89	585	H	14/05/21	City of Manchester	MAC	Co Manch Aq	0
2:14.88	547	H	23/09/17	8th Presidents Open Meet	Workington	Workington	3
2:15.75	536	H	18/11/17	Stockport Metro November Meet 2017	Stockport	Cockermouth	2
2:16.07	532	H	26/01/20	2020 Cumbria County Championships and Age Groups	Workington	Cockermouth	2
2:16.27	530	F	12/01/19	2019 Cumbria County Championships and Age Groups	Workington	Cockermouth	2
2:17.11	520	H	25/11/17	Allerdale Gala 2017	Workington	Workington	3
2:17.87	512	H	23/11/19	Allerdale Club Championships 2019	Workington	Cockermouth	3
2:18.44	505	H	29/01/17	Cumbria Age Groups & County Championships	Workington	Workington	2
2:18.50	505	H	15/12/18	Workington & Cockermouth Allerdale Club Champs	Workington	Cockermouth	3
2:18.58	504	H	12/01/19	2019 Cumbria County Championships and Age Groups	Workington	Cockermouth	2
2:18.90	500	H	19/11/16	Stockport Metro November Open Meet	Stockport	Cockermouth	2
2:21.55	473	H	16/10/16	The Allerdale Gala 2016	Workington	Workington	3
2:22.71	461	F	29/01/17	Cumbria Age Groups & County Championships	Workington	Workington	2
2:23.13	457	H	07/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	Workington	2
2:24.27	447	H	03/12/16	2016 Cumbria Winter Meet	Kendal	Workington	3
2:24.70	443	F	28/09/15	Cockermouth Club Championships	Cockermouth	Cockermouth	4
2:26.99	422	H	07/03/15	2015 Cumbria Age Groups & County Championships	Kendal		2
2:29.40	402	H	18/04/15	Knowsley Spring Level 2 Gala	Huyton		2
2:31.47	386	H	12/09/15	Workington ASC 6th Presidents Open Meet	Workigton		3
2:34.93	360	H	24/01/15	2015 Cumbria Winter Meet	Workington		3
2:41.55	318	H	13/09/14	Workington ASC 5th Presidents Open Gala	Cumbria		3
3:06.53	206	H	07/09/13	Workington 4th Presidents Open Meet	Workington	Workington	3
3:17.02	175	F	08/06/13	Dumfries Open Meet	Dumfries	Workington	2

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