

Individual Best Times (All Time)

Abbie Winstanley - (906764) - City of Manchester Aquatics - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:31.41	484	H	15/12/18	Workington & Cockermouth Allerdale Club Champs	Workington	Cockermouth	3
2:40.30	408	H	23/11/19	Allerdale Club Championships 2019	Workington	Cockermouth	3
2:44.90	375	H	25/11/17	Allerdale Gala 2017	Workington	Workington	3
2:49.33	346	H	16/10/16	The Allerdale Gala 2016	Workington	Workington	3
2:53.97	319	H	08/03/15	2015 Cumbria Age Groups & County Championships	Kendal		2
2:54.92	314	F	29/09/15	Cockermouth SC Club Championships	Cockermouth	Cockermouth	4
3:01.37	282	H	13/09/14	Workington ASC 5th Presidents Open Gala	Cumbria		3
3:05.17	265	H	25/01/15	2015 Cumbria Winter Meet	Workington		3
3:14.95	227	H	07/09/13	Workington 4th Presidents Open Meet	Workington	Workington	3

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