Individual Best Times (All Time)

Abbie Winstanley - (906764) - City of Manchester Aquatics - 100 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|--------------|-----------------|-------|
| 1:06.96 | 525 | Н | 06/11/21 | NW Winter Regional Swimming Championships (25m) | Manchester | Co Manch Aq | 2 |
| 1:07.40 | 515 | Н | 17/06/21 | City of Manchester | Manchester | Co Manch Aq | 0 |
| 1:07.51 | 513 | Н | 02/07/23 | Bolton Metro SS Summer Sprint Meet 2023 | Bolton | Co Manch Aq | 3 |
| 1:07.90 | 504 | F | 15/12/19 | North West Arena Premier Division A Final | Blackpool | Cockermouth | 3 |
| 1:08.22 | 497 | F | 06/11/21 | NW Winter Regional Swimming Championships (25m) | Manchester | Co Manch Aq | 2 |
| 1:08.96 | 481 | Н | 16/10/21 | City of Birmingham Winter Open Meet | Birmingham | Co Manch Aq | 2 |
| 1:09.53 | 469 | Н | 03/10/21 | City of Leeds October Meet 2021 | John Charles | Co Manch Aq | 3 |
| 1:12.22 | 419 | Н | 24/11/19 | Allerdale Club Championships 2019 | Workington | Cockermouth | 3 |
| 1:12.47 | 414 | Н | 24/09/22 | The eXcel September Spectacular | Derby | Co Manch Aq | 2 |
| 1:12.71 | 410 | Н | 20/01/24 | Cumbria County Championships & Age Groups 2024 | Workington | Workington | 2 |
| 1:14.02 | 389 | Н | 26/11/17 | Allerdale Gala 2017 | Workington | Workington | 3 |
| 1:15.19 | 371 | Н | 16/12/18 | Workington & Cockermouth Allerdale Club Champs | Workington | Cockermouth | 3 |
| 1:16.14 | 357 | Н | 03/12/16 | 2016 Cumbria Winter Meet | Kendal | Workington | 3 |
| 1:19.02 | 320 | Н | 29/01/17 | Cumbria Age Groups & County Championships | Workington | Workington | 2 |
| 1:19.66 | 312 | Н | 05/12/15 | 2015 Cumbria Autumn Meet | Whitehaven | | 3 |
| 1:21.81 | 288 | Н | 07/02/16 | 2016 Cumbria Age Groups & County Championships | Whitehaven | Workington | 2 |
| 1:23.80 | 268 | Н | 16/10/16 | The Allerdale Gala 2016 | Workington | Workington | 3 |
| 1:28.54 | 227 | Н | 24/01/15 | 2015 Cumbria Winter Meet | Workington | | 3 |
| 1:31.32 | 207 | Н | 30/11/14 | Workington Club Champs | Workington | | 4 |
| 1:38.10 | 167 | F | 27/09/14 | Ulverston ASC Grade Age Group Meet | Kendal | Workington | 3 |
| 1:42.69 | 145 | Н | 12/01/14 | Workington ASC Annual Club Championships | Workington | Workington | 4 |

Swims in Date Order

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|---|-------------------------|----------|-------|----------|--|------------|----------------------------------|--------------|---|
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| | | | | | | | Page 2 / 2 |
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