

# Individual Best Times (All Time)

Benjamin Proud - (906396) - University of Bath SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
20.18	997	F	05/12/23	LEN European Short Course Championships 2023	Bucharest		2
20.39	966	R	05/12/23	LEN European Short Course Championships 2023	Bucharest		2
20.40	965	H	03/12/21	International Swim League Final Match 2021	ISL		2
20.45	958	F	19/12/21	15th FINA World Swimming Championships (25m)	Abu Dhabi		2
20.49	952	F	13/12/22	16th FINA World Swimming Championships (25m) 2022	Melbourne		2
20.56	942	R	05/12/23	LEN European Short Course Championships 2023	Bucharest		2
20.66	929	F	15/12/17	LEN European SC Swimming Championships 2017	Copenhagen, Denmark		1
20.66	929	S	05/12/23	LEN European Short Course Championships 2023	Bucharest		2
20.70	923	S	15/12/17	LEN European SC Swimming Championships 2017	Copenhagen, Denmark		1
20.71	922	S	13/12/18	14th Fina World Swimming Championships 2018	Hangzhou, China		2
20.74	918	F	17/12/15	ASA Winter Meet	Sheffield	Plymouth Lea	2
20.76	915	S	13/12/22	16th FINA World Swimming Championships (25m) 2022	Melbourne		2
20.84	905	H	15/12/17	LEN European SC Swimming Championships 2017	Copenhagen, Denmark		1
20.84	905	F	23/09/21	2021 ISL Series	Naples, Italy		2
20.85	903	F	20/12/19	2019 ISL Series	Las Vegas, USA		2
20.86	902	F	02/09/21	2021 ISL Series	Naples, Italy		2
20.88	900	H	13/12/22	16th FINA World Swimming Championships (25m) 2022	Melbourne		2
20.91	896	H	18/12/21	15th FINA World Swimming Championships (25m)	Abu Dhabi		2
20.95	891	S	18/12/21	15th FINA World Swimming Championships (25m)	Abu Dhabi		2
20.97	888	H	05/12/23	LEN European Short Course Championships 2023	Bucharest		2
20.98	887	H	13/12/18	14th Fina World Swimming Championships 2018	Hangzhou, China		2
21.04	879	F	18/09/21	2021 ISL Series	Naples, Italy		2
21.15	866	F	31/08/16	Fina airweave Swimming World Cup	Berlin		2
21.15	866	F	26/08/21	2021 ISL Series	Naples, Italy		2
21.22	857	F	09/10/16	Fina airweave Swimming World Cup	Doha		2
21.22	857	F	23/11/19	2019 ISL Series	London		2
21.23	856	F	15/12/16	ASA Winter Meet 2016	Sheffield	Plymouth Lea	2

21.23	830	F	13/12/16	ASA Winter Meet 2016	Sheffield	Plymouth Lea	2
21.25	853	F	05/10/16	Fina airweave Swimming Cup	Dubai		2
21.25	853	F	26/10/16	Fina airweave Swimming World Cup	Tokyo		2
21.29	849	F	12/10/19	2019 ISL Series	Naples, Italy		2
21.33	844	F	01/10/16	Fina airweave Swimming World Cup	Beijing, China		2
21.33	844	F	30/10/16	Fina airweave Swimming World Cup	Hong Kong		2
21.39	837	H	31/08/16	Fina airweave Swimming World Cup	Berlin		2
21.39	837	F	05/10/19	2019 ISL Series	Indianapolis, IN		2
21.40	836	F	14/11/15	BUCS Short Course Championships	Sheffield		2
21.44	831	S	04/12/14	12th World Short Course Championships	Doha		2
21.47	827	H	15/12/16	ASA Winter Meet 2016	Sheffield	Plymouth Lea	2
21.48	826	F	24/11/19	2019 ISL Series	London		2
21.51	823	H	26/10/16	Fina airweave Swimming World Cup	Tokyo		2
21.52	822	H	04/12/14	12th World Short Course Championships	Doha		2
21.52	822	F	16/10/20	2020 ISL Series	Budapest, Hungary	Plymouth Lea	2
21.53	820		05/10/19	2019 ISL Series	Indianapolis, IN		2
21.60	813	F	24/10/15	Manchester International Meet 2015	Manchester	Plymouth Lea	2
21.62	810	F	15/11/14	BUCS Short Course 2014	Sheffield		2
21.62	810	H	24/10/15	Manchester International Meet 2015	Manchester	Plymouth Lea	2
21.68	804	H	14/11/15	BUCS Short Course Championships	Sheffield		2
21.81	789	F	02/11/14	World Cup 2014 - Singapore	Singapore		2
21.81	789	H	01/10/16	Fina airweave Swimming World Cup	Beijing, China		2
21.81	789	H	05/10/16	Fina airweave Swimming Cup	Dubai		2
21.84	786	H	21/12/13	Duel in the Pool 2013	Glasgow	Plymouth Lea	2
21.85	785	F	07/12/13	ASA SWR Short Course Championships	Millfield	Plymouth Lea	2
21.88	782	H	02/11/14	World Cup 2014 - Singapore	Singapore		2
21.89	781	H	30/10/16	Fina airweave Swimming World Cup	Hong Kong		2
21.91	779	H	07/12/13	ASA SWR Short Course Championships	Millfield	Plymouth Lea	2
21.96	773	F	13/10/13	Fina World Cup 2013 - Moscow	Moscow, Russia	Plymouth Lea	2
21.98	771	H	22/10/16	Fina airweave Swimming World Cup	Singapore		2
22.04	765	F	29/10/14	World Cup 2014 -Tokyo	Japan		2
22.06	763	H	13/10/13	Fina World Cup 2013 - Moscow	Moscow, Russia	Plymouth Lea	2
22.08	761	H	09/10/16	Fina airweave Swimming World Cup	Doha		2
22.09	760	H	29/10/14	World Cup 2014 -Tokyo	Japan		2
22.09	760	H	15/11/14	BUCS Short Course 2014	Sheffield		2
22.11	758	H	17/12/15	ASA Winter Meet	Sheffield	Plymouth Lea	2
22.52	717	F	01/12/12	ASA South West Regional Championships	Street	Plymouth Lea	2
22.65	705	H	01/12/12	ASA South West Regional Championships	Street	Plymouth Lea	2
23.54	628	F	03/12/11	BG SWR Short Course Championships	Millfield	Plymouth Lea	2
23.65	619	H	03/12/11	BG SWR Short Course Championships	Millfield	Plymouth Lea	2

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20.45	958	F	19/12/21	15th FINA World Swimming Championships (25m)	Abu Dhabi		2
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