

# Individual Best Times (All Time)

Jessica Metcalfe - (903621) - Nofio Clwyd - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
44.56	181	F	20/01/13	Holywell Valentine Meet 2013	Holywell	Connahs Quay	2
44.95	177	F	06/10/13	East Clwyd Championships 2013	Wrexham	Connahs Quay	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
44.95	177	F	06/10/13	East Clwyd Championships 2013	Wrexham	Connahs Quay	4
44.56	181	F	20/01/13	Holywell Valentine Meet 2013	Holywell	Connahs Quay	2