

Individual Best Times (All Time)

Jessica Metcalfe - (903621) - Nofio Clwyd - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--------------------------------------|-----------|-----------------|-------|
| 33.36 | 324 | F | 04/10/15 | ECL Championships | Wrexham | Connahs Quay | 3 |
| 33.80 | 312 | F | 13/07/14 | Swim Conway Len Thomas Memorial Meet | Llandudno | Connahs Quay | 2 |
| 36.15 | 255 | F | 06/10/13 | East Clwyd Championships 2013 | Wrexham | Connahs Quay | 4 |
| 38.11 | 217 | F | 20/01/13 | Holywell Valentine Meet 2013 | Holywell | Connahs Quay | 2 |
| 38.56 | 210 | F | 30/06/12 | Holywell Summer Sprint Meet 2012 | Holywell | Connahs Quay | 4 |
| 44.50 | 136 | F | 26/11/11 | Wrexham 10th Junior Sprint Meet | Wrexham | Connahs Quay | 4 |

Swims in Date Order

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