## **Individual Best Times (All Time)**

Cerys Alton-Shardlow - (900564) - City of Derby Swimming Club - 200 Breaststroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:19.44	307	Н	10/12/17	City of Derby Club Championships 2017	Derby	Co Derby	4
3:43.93	217	Н	22/02/15	Derbyshire ASA 2015 Championships	Matlock		2
3:46.86	208	Н	29/11/14	Chesterfield Happy Christmas Open Meet	Chesterfield		3
3:47.08	208	Н	25/09/16	City of Derby Club Championships 2016	Derby	Co Derby	4
3:49.85	200	Н	27/09/15	City of Derby Club Championships 2015	Derby		4
3:52.96	192	Н	13/07/14	Chesterfield SC Summer Splash 2014	Chesterfield	Co Derby	3
3:54.13	189	Н	27/04/14	City of Derby L3 Short Course Meet	Derby	Co Derby	3
4:03.36	169	Н	30/11/13	Chesterfield Happy Christmas Meet	Chesterfield	Co Derby	3
4:09.50	156	Н	13/07/13	Chesterfield SC Summer Splash Open Meet	Chesterfield	Co Derby	3
4:15.20	146	Н	02/03/14	Derbyshire ASA County Championships 2014	Matlock	Co Derby	2
4:19.75	139	Н	21/04/13	30th City of Derby Licensed SC Open Meet	Derby	Co Derby	3
4:22.50	134	Н	03/03/13	Derbyshire Youth & Age Group County Champs	Matlock	Co Derby	2

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4:19.75 Copyright 2024	139 <b>1</b>	Н	21/04/13	30th City of Derby Licensed SC Open Meet	Derby	Co Derby  Powered By SPORT	3 FSYSTEM:

 $4:22.50 \hspace{0.5cm} \textbf{134} \hspace{0.5cm} \textbf{H} \hspace{0.5cm} \textbf{03/03/13} \hspace{0.5cm} \textbf{Derbyshire Youth \& Age Group County Champs}$ 

Matlock

Co Derby

2