Individual Best Times (All Time)

Matthew Darroch - (90023063) - West Dunbartonshire ASC - 400 Individual Medley - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
6:59.4	6 175	F	25/02/24	North Ayrshire 200 Meet	Irvine		2	

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:59.46	175	F	25/02/24	North Ayrshire 200 Meet	Irvine		2