

# Individual Best Times (All Time)

Hamish Coates - (90020908) - Hawick & Teviotdale ASC - 400 Individual Medley - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:15.97	410	F	04/05/24	SWL IM Tough Meet 2024	Xcite Bathgate		2

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