

Individual Best Times (All Time)

Adam Millar - (900188) - Glasgow University Swim Team - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------------|-----------------|-------|
| 2:05.87 | 492 | H | 10/11/19 | North District Open Championships 2019 | Aberdeen | Shetland | 2 |
| 2:06.92 | 479 | F | 16/02/20 | Grieg Seafood-H Williamson&Sons Feb Meet 2020 | Clickimin | Shetland | 2 |
| 2:07.10 | 477 | F | 15/06/19 | T L Dallas Midsummer Meet 2019 | Clickimin | Shetland | 2 |
| 2:07.40 | 474 | F | 16/11/19 | GTS Winter Meet 2019 | Clickimin | Shetland | 2 |
| 2:07.81 | 469 | F | 25/11/17 | ND Age Group Meet 2017 | Inverness | Shetland | 2 |
| 2:08.06 | 467 | F | 17/02/19 | Grieg Seafood Meet 2019 | Clickimin | Shetland | 2 |
| 2:08.09 | 466 | F | 28/10/17 | GTS Winter Meet 2017 | Clickimin | Shetland | 2 |
| 2:08.75 | 459 | F | 17/11/18 | GTS Winter Meet 2018 | Clickimin | Shetland | 2 |
| 2:09.28 | 454 | F | 04/11/18 | North District Open Championships 2018 | Aberdeen | Shetland | 2 |
| 2:10.82 | 438 | F | 11/02/18 | Grieg Seafood February Meet 2018 | Clickimin | Shetland | 2 |
| 2:12.08 | 425 | H | 27/06/17 | XVII Natwest Island Games | Gotland, Sweden | Shetland | 2 |
| 2:12.14 | 425 | F | 19/02/17 | Lerwick ASC February Meet 2017 | Clickimin | Shetland | 2 |
| 2:12.31 | 423 | F | 18/09/16 | Shetland Distance Meet | Lerwick | Shetland | 2 |
| 2:12.40 | 422 | F | 26/11/16 | North District Age Group Meet 2016 | Inverness | Lerwick | 2 |
| 2:12.46 | 422 | F | 17/06/23 | Lerwick ASC Midsummer Meet 2023 | Clickimin Pool | | 3 |
| 2:12.63 | 420 | F | 26/06/21 | Tighinn Comhla | Various | | 0 |
| 2:13.76 | 410 | F | 10/06/17 | T L Dallas Midsummer Meet 2017 | Clickimin | Shetland | 2 |
| 2:14.71 | 401 | F | 29/05/21 | Tighinn Comhla | Various - Summer R1 | | 0 |
| 2:15.41 | 395 | F | 11/06/16 | J.W.Gray & Co Midsummer Meet 2016 | Clickimin | Shetland | 2 |
| 2:22.66 | 337 | F | 23/01/16 | SASA North District Age Group Meet 2016 | Inverness | Lerwick | 2 |
| 2:22.95 | 335 | F | 28/11/15 | GTS Direct Winter Meet | Lerwick | Shetland | 2 |
| 2:24.72 | 323 | F | 13/06/15 | Lerwick Midsummer Meet 2015 | Clickimin | Shetland | 3 |
| 2:27.88 | 303 | F | 07/02/16 | Sumburgh Hotel Meet | Lerwick | Shetland | 2 |
| 2:32.02 | 279 | F | 08/02/15 | LASC Sumburgh Hotel Meet 2015 | Clickimin | South Main | 2 |
| 2:42.97 | 226 | F | 07/06/14 | Lerwick ASC Midsummer Meet | Clickimin | South Main | 2 |
| 2:46.77 | 211 | F | 20/04/14 | Buckie ASC Age Group Meet | Buckie | South Main | 2 |
| 2:48.63 | 204 | F | 06/02/14 | Lerwick ASC Graded Meet | Clickimin | South Main | 2 |

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|---------|-----|---|----------|------------------------------------|-----------|------------|---|
| 2:46.03 | 204 | F | 09/02/14 | Lerwick ASC Graded Meet | Clickimin | South Main | 2 |
| 2:58.51 | 172 | F | 15/09/13 | Shetland Distance Time Trials 2013 | Lerwick | South Main | 2 |
| 3:01.77 | 163 | F | 29/06/13 | Lerwick ASC Midsummer Meet | Lerwick | South Main | 2 |

Swims in Date Order

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| 2:12.46 | 422 | F | 17/06/23 | Lerwick ASC Midsummer Meet 2023 | Clickimin Pool | | 3 |
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| 3:01.77 | 163 | F | 29/06/13 | Lerwick ASC Midsummer Meet | Lerwick | South Main | 2 |