

Individual Best Times (All Time)

Adam Millar - (900188) - Glasgow University Swim Team - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|----------------------|-----------------|-------|
| 56.47 | 500 | H | 09/11/19 | North District Open Championships 2019 | Aberdeen | Shetland | 2 |
| 56.51 | 499 | F | 16/02/20 | Grieg Seafood-H Williamson&Sons Feb Meet 2020 | Clickimin | Shetland | 2 |
| 57.07 | 485 | F | 02/06/19 | Junior Inter County 2019 | Clickimin | Shetland | 2 |
| 57.44 | 475 | F | 17/02/19 | Grieg Seafood Meet 2019 | Clickimin | Shetland | 2 |
| 57.58 | 472 | F | 26/11/17 | ND Age Group Meet 2017 | Inverness | Shetland | 2 |
| 57.61 | 471 | H | 06/07/19 | Natwest International Island Games XVIII | Gibraltar | | 2 |
| 57.61 | 471 | H | 10/07/19 | Natwest International Island Games XVIII | Gibraltar | | 2 |
| 57.63 | 471 | H | 21/11/21 | BUCS Short Course Swimming | Sheffield | | 2 |
| 57.68 | 469 | F | 11/11/18 | Shetland age group championships 2018 | Clickimin | Shetland | 2 |
| 57.74 | 468 | H | 03/11/18 | North District Open Championships 2018 | Aberdeen | Shetland | 2 |
| 57.81 | 466 | F | 03/11/19 | DH Marine Shetland Age Group & Schools 2019 | Clickimin | Shetland | 2 |
| 57.86 | 465 | F | 15/06/19 | T L Dallas Midsummer Meet 2019 | Clickimin | Shetland | 2 |
| 57.98 | 462 | F | 26/02/23 | SSF Heart of the Community Meet 2023 | Shetland | | 2 |
| 58.22 | 456 | F | 03/06/18 | Junior Inter County 2018 | Pickaquoy Centre | Shetland | 2 |
| 58.28 | 455 | F | 26/06/21 | Tighinn Comhla | Various | | 0 |
| 58.48 | 450 | F | 19/11/17 | Shetland age group and schools championships | Clickimin | Shetland | 2 |
| 58.52 | 449 | F | 28/11/20 | Tighinn Comhla | Various - Round 2 | | 0 |
| 58.52 | 449 | F | 16/01/21 | Tighinn Comhla | Various - January R1 | | 0 |
| 58.69 | 445 | F | 19/02/17 | Lerwick ASC February Meet 2017 | Clickimin | Shetland | 2 |
| 58.86 | 442 | F | 18/05/19 | Shetland ACSC Club Gala 2019 | Clickimin | Shetland | 2 |
| 58.97 | 439 | F | 04/05/19 | Shetland Junior Inter County Trials 2019 | Clickimin | Shetland | 2 |
| 59.15 | 435 | F | 03/06/17 | Junior Inter County Meet 2017 | Lerwick | Shetland | 2 |
| 59.26 | 433 | F | 17/11/19 | GTS Winter Meet 2019 | Clickimin | Shetland | 2 |
| 59.27 | 433 | F | 17/06/23 | Lerwick ASC Midsummer Meet 2023 | Clickimin Pool | | 3 |
| 59.75 | 422 | F | 13/11/16 | Shetland Senior Age Group Schools Champ 2016 | Clickimin | Shetland | 2 |
| 59.86 | 420 | F | 27/11/16 | North District Age Group Meet 2016 | Inverness | Lerwick | 2 |
| 1:00.45 | 414 | F | 20/05/21 | Tighinn Comhla | Various - Summer R1 | | 0 |

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|---------|-----|---|----------|--|---------------------|------------|---|
| 1:00.15 | 414 | F | 29/05/21 | Tighinn Comhla | Various - Summer R1 | | |
| 1:00.16 | 414 | F | 05/05/18 | Shetland Junior Inter County Trials 2018 | Clickimin | Shetland | 2 |
| 1:00.22 | 412 | F | 06/05/17 | Shetland Junior Inter County Trials | Lerwick | Shetland | 2 |
| 1:00.57 | 405 | F | 10/06/17 | T L Dallas Midsummer Meet 2017 | Clickimin | Shetland | 2 |
| 1:01.53 | 387 | F | 07/05/16 | Shetland Junior Inter County Trials | Lerwick | Shetland | 2 |
| 1:01.66 | 384 | F | 05/06/16 | Orkney Junior Inter County 2016 | Orkney | Shetland | 2 |
| 1:05.83 | 316 | F | 07/02/16 | Sumburgh Hotel Meet | Lerwick | Shetland | 2 |
| 1:06.20 | 310 | F | 08/11/15 | Shetland Age Group & Schools Championships | Shetland | Shetland | 2 |
| 1:07.07 | 298 | F | 24/01/16 | SASA North District Age Group Meet 2016 | Inverness | Lerwick | 2 |
| 1:10.49 | 257 | F | 09/11/14 | Shetland Age Groups & School Champs | Lochside | South Main | 2 |
| 1:10.57 | 256 | F | 29/11/14 | SASA North District Age Group Meet | Inverness | South Main | 1 |
| 1:12.66 | 235 | F | 25/10/14 | Alford Otters 5th 100 Meet | Westhill | South Main | 2 |
| 1:15.99 | 205 | F | 19/04/14 | Buckie ASC Age Group Meet | Buckie | South Main | 2 |
| 1:20.00 | 176 | F | 08/09/13 | Cults Otters Bibby Offshore Challenge | Aberdeen | South Main | 2 |

Swims in Date Order

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|---------|--------|-------|----------|---|----------------------|-----------------|-------|
| 59.27 | 433 | F | 17/06/23 | Lerwick ASC Midsummer Meet 2023 | Clickimin Pool | | 3 |
| 57.98 | 462 | F | 26/02/23 | SSF Heart of the Community Meet 2023 | Shetland | | 2 |
| 57.63 | 471 | H | 21/11/21 | BUCS Short Course Swimming | Sheffield | | 2 |
| 58.28 | 455 | F | 26/06/21 | Tighinn Comhla | Various | | 0 |
| 1:00.15 | 414 | F | 29/05/21 | Tighinn Comhla | Various - Summer R1 | | 0 |
| 58.52 | 449 | F | 16/01/21 | Tighinn Comhla | Various - January R1 | | 0 |
| 58.52 | 449 | F | 28/11/20 | Tighinn Comhla | Various - Round 2 | | 0 |
| 56.51 | 499 | F | 16/02/20 | Grieg Seafood-H Williamson&Sons Feb Meet 2020 | Clickimin | Shetland | 2 |
| 59.26 | 433 | F | 17/11/19 | GTS Winter Meet 2019 | Clickimin | Shetland | 2 |
| 56.47 | 500 | H | 09/11/19 | North District Open Championships 2019 | Aberdeen | Shetland | 2 |
| 57.81 | 466 | F | 03/11/19 | DH Marine Shetland Age Group & Schools 2019 | Clickimin | Shetland | 2 |
| 57.61 | 471 | H | 10/07/19 | Natwest International Island Games XVIII | Gibraltar | | 2 |
| 57.61 | 471 | H | 06/07/19 | Natwest International Island Games XVIII | Gibraltar | | 2 |
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| 57.07 | 485 | F | 02/06/19 | Junior Inter County 2019 | Clickimin | Shetland | 2 |
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| 58.97 | 439 | F | 04/05/19 | Shetland Junior Inter County Trials 2019 | Clickimin | Shetland | 2 |
| 57.44 | 475 | F | 17/02/19 | Grieg Seafood Meet 2019 | Clickimin | Shetland | 2 |
| 57.68 | 469 | F | 11/11/18 | Shetland age group championships 2018 | Clickimin | Shetland | 2 |
| 57.74 | 468 | H | 03/11/18 | North District Open Championships 2018 | Aberdeen | Shetland | 2 |
| 58.22 | 456 | F | 03/06/18 | Junior Inter County 2018 | Pickaquoy Centre | Shetland | 2 |
| 1:00.16 | 414 | F | 05/05/18 | Shetland Junior Inter County Trials 2018 | Clickimin | Shetland | 2 |
| 57.58 | 472 | F | 26/11/17 | ND Age Group Meet 2017 | Inverness | Shetland | 2 |
| 58.48 | 450 | F | 19/11/17 | Shetland age group and schools championships | Clickimin | Shetland | 2 |
| 1:00.57 | 405 | F | 10/06/17 | T L Dallas Midsummer Meet 2017 | Clickimin | Shetland | 2 |
| 59.15 | 435 | F | 03/06/17 | Junior Inter County Meet 2017 | Lerwick | Shetland | 2 |
| 1:00.22 | 412 | F | 06/05/17 | Shetland Junior Inter County Trials | Lerwick | Shetland | 2 |
| 58.69 | 445 | F | 19/02/17 | Lerwick ASC February Meet 2017 | Clickimin | Shetland | 2 |
| 59.86 | 420 | F | 27/11/16 | North District Age Group Meet 2016 | Inverness | Lerwick | 2 |
| 59.75 | 422 | F | 13/11/16 | Shetland Senior Age Group Schools Champ 2016 | Clickimin | Shetland | 2 |
| 1:01.66 | 384 | F | 05/06/16 | Orkney Junior Inter County 2016 | Orkney | Shetland | 2 |
| 1:01.53 | 387 | F | 07/05/16 | Shetland Junior Inter County Trials | Lerwick | Shetland | 2 |
| 1:05.83 | 316 | F | 07/02/16 | Sumburgh Hotel Meet | Lerwick | Shetland | 2 |
| 1:07.07 | 298 | F | 24/01/16 | SASA North District Age Group Meet 2016 | Inverness | Lerwick | 2 |
| 1:06.20 | 310 | F | 08/11/15 | Shetland Age Group & Schools Championships | Shetland | Shetland | 2 |
| 1:10.57 | 256 | F | 29/11/14 | SASA North District Age Group Meet | Inverness | South Main | 1 |

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| 1:12.66 | 235 | F | 25/10/14 | Alford Otters 5th 100 Meet | Westhill | South Main | 2 |
| 1:15.99 | 205 | F | 19/04/14 | Buckie ASC Age Group Meet | Buckie | South Main | 2 |
| 1:20.00 | 176 | F | 08/09/13 | Cults Otters Bibby Offshore Challenge | Aberdeen | South Main | 2 |