

Individual Best Times (All Time)

Adam Millar - (900188) - Glasgow University Swim Team - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:20.95	470	F	17/11/19	GTS Winter Meet 2019	Clickimin	Shetland	2
2:21.53	464	F	03/11/19	DH Marine Shetland Age Group & Schools 2019	Clickimin	Shetland	2
2:24.45	437	F	18/11/18	GTS Winter Meet 2018	Clickimin	Shetland	2
2:24.46	437	F	17/02/19	Grieg Seafood Meet 2019	Clickimin	Shetland	2
2:25.23	430	F	29/10/17	GTS Winter Meet 2017	Clickimin	Shetland	2
2:25.52	427	F	11/11/18	Shetland age group championships 2018	Clickimin	Shetland	2
2:25.96	423	H	20/11/22	BUCS Short Course 2022-23	Sheffield		2
2:26.56	418	H	21/11/21	BUCS Short Course Swimming	Sheffield		2
2:27.08	414	F	26/02/23	SSF Heart of the Community Meet 2023	Shetland		2
2:27.52	410	F	19/02/17	Lerwick ASC February Meet 2017	Clickimin	Shetland	2
2:28.00	406	F	11/02/18	Grieg Seafood February Meet 2018	Clickimin	Shetland	2
2:28.32	403	F	19/11/17	Shetland age group and schools championships	Clickimin	Shetland	2
2:28.92	398	H	04/11/18	North District Open Championships 2018	Aberdeen	Shetland	2
2:28.99	398	F	26/11/17	ND Age Group Meet 2017	Inverness	Shetland	2
2:31.25	380	F	27/11/16	North District Age Group Meet 2016	Inverness	Lerwick	2
2:31.59	378	F	13/11/16	Shetland Senior Age Group Schools Champ 2016	Clickimin	Shetland	2
2:38.54	330	F	12/06/16	J.W.Gray & Co Midsummer Meet 2016	Clickimin	Shetland	2
2:42.95	304	F	08/11/15	Shetland Age Group & Schools Championships	Shetland	Shetland	2
2:43.39	302	F	14/06/15	Lerwick Midsummer Meet 2015	Clickimin	Shetland	3
2:44.08	298	F	29/11/15	GTS Direct Winter Meet	Lerwick	Shetland	2
2:44.16	297	F	24/01/16	SASA North District Age Group Meet 2016	Inverness	Lerwick	2
2:50.34	266	F	30/11/14	SASA North District Age Group Meet	Inverness	South Main	1
2:52.90	254	F	09/11/14	Shetland Age Groups & School Champs	Lochside	South Main	2
3:03.47	213	F	08/06/14	Lerwick ASC Midsummer Meet	Clickimin	South Main	2
3:07.41	200	F	19/04/14	Buckie ASC Age Group Meet	Buckie	South Main	2
3:12.07	185	F	09/02/14	Lerwick ASC Graded Meet	Clickimin	South Main	2
3:00.00	184	F	20/06/13	Lerwick ASC Midsummer Meet	Lerwick	South Main	2

3:20.22	104	F	30/06/13	Lerwick ASC Midsummer Meet	Lerwick	South Main	
3:22.83	157	F	08/09/13	Cults Otters Bibby Offshore Challenge	Aberdeen	South Main	2

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3:20.22	164	F	30/06/13	Lerwick ASC Midsummer Meet	Lerwick	South Main	2