

Individual Best Times (All Time)

Adam Millar - (900188) - Glasgow University Swim Team - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:17.01	458	F	16/02/20	Grieg Seafood-H Williamson&Sons Feb Meet 2020	Clickimin	Shetland	2
2:17.43	454	F	26/11/17	ND Age Group Meet 2017	Inverness	Shetland	2
2:17.64	451	H	06/07/19	Natwest International Island Games XVIII	Gibraltar		2
2:17.64	451	H	10/07/19	Natwest International Island Games XVIII	Gibraltar		2
2:17.98	448	F	17/11/19	GTS Winter Meet 2019	Clickimin	Shetland	2
2:18.54	443	F	06/07/19	Natwest International Island Games XVIII	Gibraltar		2
2:18.54	443	F	10/07/19	Natwest International Island Games XVIII	Gibraltar		2
2:19.13	437	F	18/11/18	GTS Winter Meet 2018	Clickimin	Shetland	2
2:19.60	433	H	10/11/19	North District Open Championships 2019	Aberdeen	Shetland	2
2:20.31	426	F	29/10/17	GTS Winter Meet 2017	Clickimin	Shetland	2
2:20.80	422	H	04/11/18	North District Open Championships 2018	Aberdeen	Shetland	2
2:21.24	418	F	04/11/18	North District Open Championships 2018	Aberdeen	Shetland	2
2:21.29	417	H	07/12/18	Scottish National Short Course Open Swimming	Edinburgh	Shetland	2
2:21.32	417	H	20/11/21	BUCS Short Course Swimming	Sheffield		2
2:21.79	413	F	19/02/17	Lerwick ASC February Meet 2017	Clickimin	Shetland	2
2:23.18	401	H	06/11/22	North District Open Championships 2022	Aberdeen		2
2:24.33	392	H	28/06/17	XVII Natwest Island Games	Gotland, Sweden	Shetland	2
2:24.61	389	F	27/11/16	North District Age Group Meet 2016	Inverness	Lerwick	2
2:24.72	388	F	10/06/17	T L Dallas Midsummer Meet 2017	Clickimin	Shetland	2
2:24.84	387	F	17/06/23	Lerwick ASC Midsummer Meet 2023	Clickimin Pool		3
2:26.82	372	F	11/06/16	J.W.Gray & Co Midsummer Meet 2016	Clickimin	Shetland	2
2:29.08	355	F	26/06/21	Tighinn Comhla	Various		0
2:33.52	325	F	07/02/16	Sumburgh Hotel Meet	Lerwick	Shetland	2
2:34.50	319	F	28/11/15	GTS Direct Winter Meet	Lerwick	Shetland	2
2:38.62	295	F	13/06/15	Lerwick Midsummer Meet 2015	Clickimin	Shetland	3
2:38.75	294	F	24/01/16	SASA North District Age Group Meet 2016	Inverness	Lerwick	2
2:41.18	281	F	08/02/15	LASC Sumburgh Hotel Meet 2015	Clickimin	South Main	2

2:41.10	201	F	08/02/13	LASC Sumburgh Hotel Meet 2013	Clickimin	South Main	
2:43.14	271	F	30/11/14	SASA North District Age Group Meet	Inverness	South Main	1
2:59.31	204	F	20/04/14	Buckie ASC Age Group Meet	Buckie	South Main	2
3:02.02	195	F	07/06/14	Lerwick ASC Midsummer Meet	Clickimin	South Main	2
3:03.37	191	F	09/02/14	Lerwick ASC Graded Meet	Clickimin	South Main	2

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