

Individual Best Times (All Time)

Adam Millar - (900188) - Glasgow University Swim Team - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.61	416	H	06/07/19	Natwest International Island Games XVIII	Gibraltar		2
29.61	416	H	08/07/19	Natwest International Island Games XVIII	Gibraltar		2
29.62	415	F	08/03/20	The A9 Partnership Shetland Sprints 2020	Clickimin	Shetland	2
29.64	415	H	10/11/19	North District Open Championships 2019	Aberdeen	Shetland	2
29.77	409	F	26/11/17	ND Age Group Meet 2017	Inverness	Shetland	2
29.88	405	H	03/09/22	2022 SS West District SC Sep AG Meet	Glasgow		2
29.98	401	F	29/05/21	Tighinn Comhla	Various - Summer R1		0
30.05	398	H	08/12/18	Scottish National Short Course Open Swimming	Edinburgh	Shetland	2
30.17	393	H	04/11/18	North District Open Championships 2018	Aberdeen	Shetland	2
30.23	391	F	03/06/18	Junior Inter County 2018	Pickaquoy Centre	Shetland	2
30.28	389	F	16/11/19	GTS Winter Meet 2019	Clickimin	Shetland	2
30.37	385	F	17/06/23	Lerwick ASC Midsummer Meet 2023	Clickimin Pool		3
30.40	384	H	06/11/22	North District Open Championships 2022	Aberdeen		2
30.60	377	F	02/06/19	Junior Inter County 2019	Clickimin	Shetland	2
30.77	371	F	11/03/18	A9 Shetland Sprint Championships 2018	Clickimin	Shetland	2
30.87	367	F	28/10/17	GTS Winter Meet 2017	Clickimin	Shetland	2
30.96	364	F	10/03/19	Shetland Sprint Championships 2019	Clickimin	Shetland	2
31.25	354	F	04/05/19	Shetland Junior Inter County Trials 2019	Clickimin	Shetland	2
31.31	352	F	28/11/20	Tighinn Comhla	Various - Round 2		0
31.31	352	F	16/01/21	Tighinn Comhla	Various - January R1		0
31.34	351	F	05/05/18	Shetland Junior Inter County Trials 2018	Clickimin	Shetland	2
31.46	347	H	26/06/17	XVII Natwest Island Games	Gotland, Sweden	Shetland	2
31.66	340	F	19/03/17	Shetland Senior Sprint Championships 2017	Shetland	Shetland	2
31.74	338	F	10/06/17	T L Dallas Midsummer Meet 2017	Clickimin	Shetland	2
31.91	332	F	03/06/17	Junior Inter County Meet 2017	Lerwick	Shetland	2
32.34	319	F	27/11/16	North District Age Group Meet 2016	Inverness	Lerwick	2
32.47	315	F	06/05/17	Shetland Junior Inter County Trials	Lerwick	Shetland	2

32.47	313	F	06/05/17	Shetland Junior Inter County Trials	Lerwick	Shetland	
32.55	313	F	14/11/20	Tighinn Comhla	Various - Round 1		0
33.11	297	F	05/06/16	Orkney Junior Inter County 2016	Orkney	Shetland	2
33.21	295	F	20/03/16	Shetland Sprint Championships 2016	Clickimin	Shetland	2
33.47	288	F	07/05/16	Shetland Junior Inter County Trials	Lerwick	Shetland	2
33.61	284	F	11/06/16	J.W.Gray & Co Midsummer Meet 2016	Clickimin	Shetland	2
35.15	248	F	24/01/16	SASA North District Age Group Meet 2016	Inverness	Lerwick	2
35.65	238	F	17/05/15	Shetland Junior Inter County Trials 2015	Clickimin	Shetland	2
36.13	229	F	22/03/15	Shetland Sprint Championships	Clickimin	South Main	2
36.62	220	F	13/06/15	Lerwick Midsummer Meet 2015	Clickimin	Shetland	3
43.30	133	F	29/06/13	Lerwick ASC Midsummer Meet	Lerwick	South Main	2

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