Individual Best Times (All Time)

Alex Antinoro - (898881) - Brent Dolphins SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|------------------------------------------|------------------|-----------------|-------|
| 35.07 | 250 | | 02/07/17 | Barnet Copthall Summer Invitational Meet | Barnet | Brent Dolph | 4 |
| 35.21 | 247 | F | 26/02/17 | ESC February L3 Open | Northolt | Brent Dolph | 3 |
| 36.01 | 231 | F | 04/12/16 | Ealing December Christmas L3 Open Meet | Northolt | Brent Dolph | 3 |
| 37.91 | 198 | F | 09/10/16 | MCASA Winter Development Meet | Enfield | Brent Dolph | 3 |
| 40.52 | 162 | | 12/06/16 | Barnet Coptall Kate Lack Trophy Meet | London | Brent Dolph | 3 |
| 42.18 | 144 | F | 10/04/16 | MCASA County Spring Development 2016 | Enfield | Brent Dolph | 3 |
| 43.09 | 135 | F | 08/11/14 | NASL London Div 1 & 2 | Braintree | Brent Dolph | 3 |
| 44.66 | 121 | F | 08/02/14 | Ealing L3 February Open Meet 2014 | Ealing | Brent Dolph | 3 |
| 44.70 | 121 | F | 04/10/14 | Middlesex Winter Development Meet | Southbury | Brent Dolph | 3 |
| 45.41 | 115 | F | 03/11/13 | Ealing Level 3 November Meet | Northolt | Brent Dolph | 3 |
| 45.42 | 115 | F | 21/09/14 | The Royals Open Meet 2014 | Walton on Thames | Brent Dolph | 3 |
| 46.04 | 110 | F | 16/11/13 | Middlesex ASA Winter Development Meet | Enfield | Brent Dolph | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-----------------------|-----------------|-------|----------|------------------------------------------|------------------|---------------------------------|-------------|
| 35.07 | 250 | | 02/07/17 | Barnet Copthall Summer Invitational Meet | Barnet | Brent Dolph | 4 |
| 35.21 | 247 | F | 26/02/17 | ESC February L3 Open | Northolt | Brent Dolph | 3 |
| 36.01 | 231 | F | 04/12/16 | Ealing December Christmas L3 Open Meet | Northolt | Brent Dolph | 3 |
| 37.91 | 198 | F | 09/10/16 | MCASA Winter Development Meet | Enfield | Brent Dolph | 3 |
| 40.52 | 162 | | 12/06/16 | Barnet Coptall Kate Lack Trophy Meet | London | Brent Dolph | 3 |
| 42.18 | 144 | F | 10/04/16 | MCASA County Spring Development 2016 | Enfield | Brent Dolph | 3 |
| 43.09 | 135 | F | 08/11/14 | NASL London Div 1 & 2 | Braintree | Brent Dolph | 3 |
| 44.70 | 121 | F | 04/10/14 | Middlesex Winter Development Meet | Southbury | Brent Dolph | 3 |
| 45.42 | 115 | F | 21/09/14 | The Royals Open Meet 2014 | Walton on Thames | Brent Dolph | 3 |
| 44.66 | 121 | F | 08/02/14 | Ealing L3 February Open Meet 2014 | Ealing | Brent Dolph | 3 |
| 46.04 pyright 2024 | 110 4 | F | 16/11/13 | Middlesex ASA Winter Development Meet | Enfield | Brent Dolph Powered By SPORT | 3 SYSTEM |

Northolt