

Individual Best Times (All Time)

Laura Childs - (898542) - City of Cardiff - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:45.46	531	F	02/12/16	Swim Wales Short Course Championships	Swansea	Co Cardiff	2
4:47.15	522	F	16/10/16	Greater Gwent Fast Water Open Meet	Newport	Co Cardiff	2
4:51.46	499	F	07/02/17	Swim Wales South East Regional	Newport	Co Cardiff	2
4:54.18	486	F	02/02/16	Swim Wales South East Regional Championships	Newport	Co Cardiff	2
5:00.21	457	F	27/09/15	City of Cardiff 2015 Club Championships	Cardiff	Co Cardiff	3
5:33.48	333	F	04/02/14	South East Wales Regional Championships	Newport	Co Cardiff	2
6:48.58	181	F	25/11/12	South East Wales Sub Regional Meet	Newport	Co Cardiff	4

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