

Individual Best Times (All Time)

Laura Childs - (898542) - City of Cardiff - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:24.00	510	F	06/11/16	Welsh Capital Open Meet	Cardiff	Co Cardiff	2
5:25.90	501	F	24/09/16	City of Cardiff Club Championship	Cardiff	Co Cardiff	3
5:33.78	466	F	08/11/15	City of Cardiff Welsh Capital Open Meet	Cardiff	Co Cardiff	2
5:36.56	455	F	17/10/15	Greater Gwent Fast Water Open Meet 2015	Newport	Co Cardiff	2
5:39.49	443	F	23/09/17	City of Cardiff Club Championships	Cardiff	Co Cardiff	3
5:57.69	379	F	01/02/15	SWER Regional Championships	Newport	Co Cardiff	2
6:13.48	333	F	18/10/14	Greater Gwent Fast Water Open Meet	Newport	Co Cardiff	2
6:14.82	329	F	10/05/14	Gloucester City L2 Open Meet	Gloucester	Co Cardiff	2
6:36.31	278	F	20/10/13	Great Gwent Fast Water Meet level 2	Newport	Co Cardiff	2
6:59.46	235	F	14/04/13	South East Region No Time Gala	Newport	Co Cardiff	4

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