

# Individual Best Times (All Time)

Thea Cowie - (891388) - North Tyneside SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:18.51	505	H	02/12/17	Derwentside Christmas Cracker Meet 2017	Stanley	North Tyne	3
2:19.31	496	H	26/03/17	North Tyneside Mad March Hare Extravaganza	Stanley	North Tyne	3
2:22.49	463	F	18/11/16	Tynemouth Winter Gala	Tynemouth	North Tyne	3
2:23.11	457	H	07/04/18	Gaw Spring Meet	Dunston	North Tyne	3
2:23.74	451	H	13/05/17	Wear Valley May Level 3 Meet	Bishop Auckland	North Tyne	3
2:28.92	406	H	20/03/16	North Tyneside Mad March Hare Extravaganza	Stanley	North Tyne	3
2:44.20	303	H	15/02/15	Gateshead & Whickham February Invitation Meet	Gateshead		3
2:47.52	285	H	14/09/14	South Tyneside ASC Autumn Meet	South Shields		3
2:53.88	255	H	17/05/14	Wear Valley ASC May 2014 Level 3 Meet	Bishop Auckland	North Tyne	3
2:55.88	246		08/02/14	Durham City Very Last Chance Qualifier	Durham	North Tyne	3
2:58.26	236	H	30/03/14	North Tyneside Mad March Hare Extravaganza	Stanley	North Tyne	3
3:04.82	212	H	18/01/14	Newburn New Year Graded Meet	Stanley	North Tyne	3
3:08.42	200	H	08/09/13	South Tyneside ASC Autumn Meet	Hebburn	North Tyne	3
3:20.64	166	H	24/03/13	North Tyneside Mad March Hare	Stanley	North Tyne	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.11	457	H	07/04/18	Gaw Spring Meet	Dunston	North Tyne	3
2:18.51	505	H	02/12/17	Derwentside Christmas Cracker Meet 2017	Stanley	North Tyne	3
2:23.74	451	H	13/05/17	Wear Valley May Level 3 Meet	Bishop Auckland	North Tyne	3
2:19.31	496	H	26/03/17	North Tyneside Mad March Hare Extravaganza	Stanley	North Tyne	3
2:22.49	463	F	18/11/16	Tynemouth Winter Gala	Tynemouth	North Tyne	3
2:28.92	406	H	20/03/16	North Tyneside Mad March Hare Extravaganza	Stanley	North Tyne	3
2:44.20	303	H	15/02/15	Gateshead & Whickham February Invitation Meet	Gateshead		3
2:47.52	285	H	14/09/14	South Tyneside ASC Autumn Meet	South Shields		3
2:53.88	255	H	17/05/14	Wear Valley ASC May 2014 Level 3 Meet	Bishop Auckland	North Tyne	3

2:58.26	236	H	30/03/14	North Tyneside Mad March Hare Extravaganza	Stanley	North Tyne	3
2:55.88	246		08/02/14	Durham City Very Last Chance Qualifier	Durham	North Tyne	3
3:04.82	212	H	18/01/14	Newburn New Year Graded Meet	Stanley	North Tyne	3
3:08.42	200	H	08/09/13	South Tyneside ASC Autumn Meet	Hebburn	North Tyne	3
3:20.64	166	H	24/03/13	North Tyneside Mad March Hare	Stanley	North Tyne	3