

# Individual Best Times (All Time)

Thea Cowie - (891388) - North Tyneside SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue           | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------------|-----------------|-------|
| 1:04.34 | 476    | H     | 02/12/17 | Derwentside Christmas Cracker Meet 2017       | Stanley         | North Tyne      | 3     |
| 1:04.70 | 468    | H     | 07/10/18 | Carlisle Aquatics October Swimfest            | Carlisle        | North Tyne      | 3     |
| 1:04.77 | 466    | H     | 14/10/18 | Durham City Medley Challenge 2018             | Durham          | North Tyne      | 3     |
| 1:04.95 | 463    | F     | 02/12/17 | Derwentside Christmas Cracker Meet 2017       | Stanley         | North Tyne      | 3     |
| 1:05.33 | 455    | H     | 15/10/17 | Durham City Medley Challenge 2017             | Durham          | North Tyne      | 3     |
| 1:05.37 | 454    | H     | 01/12/18 | Derwentside ASC Christmas Cracker Meet 2018   | Stanley         | North Tyne      | 3     |
| 1:05.43 | 452    | H     | 09/06/18 | Derwentside 9th Annual Charity Swim Meet      | Stanley         | North Tyne      | 3     |
| 1:05.47 | 452    | H     | 16/10/16 | DCASC Medley Challenge                        | Durham          | North Tyne      | 3     |
| 1:07.13 | 419    | H     | 18/09/16 | Richmond Dales Back to School Gala            | Durham          | North Tyne      | 3     |
| 1:07.91 | 405    | H     | 11/10/15 | Durham City Medley Challenge                  | Durham          |                 | 3     |
| 1:08.99 | 386    | H     | 21/02/16 | Derwentside ASC Development Meet 2016         | Stanley         | North Tyne      | 3     |
| 1:09.93 | 371    | H     | 06/06/15 | Derwentside 6th Annual Charity Meet 2015      | Stanley         |                 | 3     |
| 1:10.50 | 362    | H     | 04/06/16 | Derwentside 7th Annual Charity Swim Meet 2016 | Stanley         | North Tyne      | 3     |
| 1:23.64 | 216    | H     | 29/03/14 | North Tyneside Mad March Hare Extravaganza    | Stanley         | North Tyne      | 3     |
| 1:42.00 | 119    | H     | 04/11/12 | Wear Valley ASC Guy Fawkes Meet               | Bishop Auckland | North Tyne      | 3     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet  | Venue    | Club Swam Under | Level |
|---------|--------|-------|----------|---|----------|-----------------|-------|
| 1:05.37 | 454    | H     | 01/12/18 | Derwentside ASC Christmas Cracker Meet 2018 | Stanley  | North Tyne      | 3     |
| 1:04.77 | 466    | H     | 14/10/18 | Durham City Medley Challenge 2018           | Durham   | North Tyne      | 3     |
| 1:04.70 | 468    | H     | 07/10/18 | Carlisle Aquatics October Swimfest          | Carlisle | North Tyne      | 3     |
| 1:05.43 | 452    | H     | 09/06/18 | Derwentside 9th Annual Charity Swim Meet    | Stanley  | North Tyne      | 3     |
| 1:04.95 | 463    | F     | 02/12/17 | Derwentside Christmas Cracker Meet 2017     | Stanley  | North Tyne      | 3     |
| 1:04.34 | 476    | H     | 02/12/17 | Derwentside Christmas Cracker Meet 2017     | Stanley  | North Tyne      | 3     |
| 1:05.33 | 455    | H     | 15/10/17 | Durham City Medley Challenge 2017           | Durham   | North Tyne      | 3     |
| 1:05.47 | 452    | H     | 16/10/16 | DCASC Medley Challenge                      | Durham   | North Tyne      | 3     |

|         |     |   |          |   |                 |            |   |
|---------|-----|---|----------|---|-----------------|------------|---|
| 1:07.13 | 419 | H | 18/09/16 | Richmond Dales Back to School Gala            | Durham          | North Tyne | 3 |
| 1:10.50 | 362 | H | 04/06/16 | Derwentside 7th Annual Charity Swim Meet 2016 | Stanley         | North Tyne | 3 |
| 1:08.99 | 386 | H | 21/02/16 | Derwentside ASC Development Meet 2016         | Stanley         | North Tyne | 3 |
| 1:07.91 | 405 | H | 11/10/15 | Durham City Medley Challenge                  | Durham          |            | 3 |
| 1:09.93 | 371 | H | 06/06/15 | Derwentside 6th Annual Charity Meet 2015      | Stanley         |            | 3 |
| 1:23.64 | 216 | H | 29/03/14 | North Tyneside Mad March Hare Extravaganza    | Stanley         | North Tyne | 3 |
| 1:42.00 | 119 | H | 04/11/12 | Wear Valley ASC Guy Fawkes Meet               | Bishop Auckland | North Tyne | 3 |