

Individual Best Times (All Time)

Thea Cowie - (891388) - North Tyneside SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.96	411	F	04/03/17	Derwentside Development Meet	Stanley	North Tyne	3
34.09	406	H	01/12/18	Derwentside ASC Christmas Cracker Meet 2018	Stanley	North Tyne	3
34.18	403	H	09/06/18	Derwentside 9th Annual Charity Swim Meet	Stanley	North Tyne	3
34.23	401	F	09/06/18	Derwentside 9th Annual Charity Swim Meet	Stanley	North Tyne	3
34.30	398	H	02/12/17	Derwentside Christmas Cracker Meet 2017	Stanley	North Tyne	3
34.41	395	H	26/03/17	North Tyneside Mad March Hare Extravaganza	Stanley	North Tyne	3
34.56	389	F	02/12/17	Derwentside Christmas Cracker Meet 2017	Stanley	North Tyne	3
34.61	388	H	25/03/18	North Tyneside Mad March Hare Extravaganza	Stanley Pool	North Tyne	3
34.68	385	H	13/05/17	Wear Valley May Level 3 Meet	Bishop Auckland	North Tyne	3
34.74	383	H	04/03/17	Derwentside Development Meet	Stanley	North Tyne	3
35.35	364	H	18/09/16	Richmond Dales Back to School Gala	Durham	North Tyne	3
35.47	360	H	14/05/16	Wear Valley Level 3 Meet May 2016	Bishop Auckland	North Tyne	3
36.08	342	F	09/01/16	Newcastle Swim Team Last Chance County Qualifier	South Shields	North Tyne	3
36.28	337	H	09/01/16	Newcastle Swim Team Last Chance County Qualifier	South Shields	North Tyne	3
37.04	316	H	04/06/16	Derwentside 7th Annual Charity Swim Meet 2016	Stanley	North Tyne	3
37.29	310	H	20/03/16	North Tyneside Mad March Hare Extravaganza	Stanley	North Tyne	3
39.56	260	H	19/04/15	South Tyneside ASC Spring Meet	South Shields	North Tyne	3
42.63	207	H	14/09/14	South Tyneside ASC Autumn Meet	South Shields	North Tyne	3
43.31	198	H	30/03/14	North Tyneside Mad March Hare Extravaganza	Stanley	North Tyne	3
43.42	196	H	17/05/14	Wear Valley ASC May 2014 Level 3 Meet	Bishop Auckland	North Tyne	3
43.62	193	H	18/01/14	Newburn New Year Graded Meet	Stanley	North Tyne	3
44.03	188	H	24/11/13	Blyth Lifeguard & SC Xmas Cracker	Blyth	North Tyne	3
44.58	181	F	11/05/13	Tynemouth ASC Open Sprints & Teams 2013	Tynemouth	North Tyne	3
45.98	165	H	08/09/13	South Tyneside ASC Autumn Meet	Hebburn	North Tyne	3
46.37	161	H	24/03/13	North Tyneside Mad March Hare	Stanley	North Tyne	3
46.82	156	H	02/06/13	Blyth Summer Sprints Meet 2013	Blyth	North Tyne	4
47.04	154	H	07/01/13	North East Invitational Meet	Hebburn	North Tyne	3

47.34	131	H	27/01/13	North East Invitational Meet	Hexham	North Tyne	3
57.35	85	H	10/12/11	North Tyneside Mini Meet	Killingworth	North Tyne	4
1:00.21	73	H	24/03/12	North Tyneside Sprints	Stanley	North Tyne	4

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