

Individual Best Times (All Time)

Bethan Cooke - (887673) - City of Birmingham SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:04.49	616	H	18/11/23	NOVA Centurion November Meet 2023	Nottingham	Co Birm'ham	2
1:05.43	590	F	09/12/23	National Arena Swim League WM Premier Div Rd 3	Perdiswell LC		4
1:05.79	580	H	19/11/22	Nova Centurion November Meet	Nottingham	Chase	2
1:06.02	574	H	04/12/22	National Winter Championships 2022	Sheffield	Chase	2
1:06.47	563	F	14/10/23	National Arena Swim League WM Premier Div Rd 1	Braunstone LC		4
1:06.56	560	H	05/11/22	SE West Midlands Winter Short Course Champs 2022	Coventry	Chase	2
1:06.71	557	F	11/02/23	Staffordshire ASA Championships 2023	Stafford	Chase	2
1:07.14	546	F	11/11/23	National Arena Swim League WM Premier Div Rd 2	Queens Diamond LC		4
1:07.38	540	H	16/09/23	Chase SC Club Championships 2023	Walsall	Chase	4
1:07.45	538	H	11/02/23	Staffordshire ASA Championships 2023	Stafford	Chase	2
1:07.50	537	H	12/02/22	Staffordshire ASA County Championships 2022	Stafford	Chase	2
1:07.58	535	F	11/02/23	Staffordshire ASA Championships 2023	Stafford	Chase	2
1:07.71	532	F	12/02/22	Staffordshire ASA County Championships 2022	Stafford	Chase	2
1:08.04	525	H	16/10/22	City of Birmingham Winter Open Meet	Birmingham	Chase	2
1:08.14	522	H	21/10/23	City of Birmingham Winter Open Meet 2023	Birmingham	Co Birm'ham	2
1:08.16	522	H	06/11/21	Swim England West Midlands Regional	Coventry	Chase	2
1:10.22	477	H	25/09/21	Boldmere Open	Birmingham	Chase	3
1:10.43	473	F	22/02/20	Staffordshire ASA County Swimming	Stafford	Chase	2
1:10.91	463	H	17/09/22	Chase SC Club Championships 2022	Cheslyn Hay	Chase	4
1:11.72	448	H	06/10/19	Swim England National County Team Champs 2019 D2	Sheffield	Staffs	2
1:12.10	441	H	17/10/21	Chase Roebuck Level 3 Open Meet 2021	Walsall	Chase	3
1:12.21	439	H	22/02/20	Staffordshire ASA County Swimming	Stafford	Chase	2
1:12.22	439	H	28/09/19	The Roebuck Open Meet 2019	Stafford	Chase	3
1:12.26	438	H	14/07/19	Wolverhampton SC Summer Open Meet	Wolverhampton	Chase	3
1:14.01	407	H	07/07/19	Three Counties Gala	Stafford		2
1:14.46	400	H	29/09/18	The Roebuck Open Meet 2018	Walsall	Chase	3
1:15.03	391	H	22/06/19	Chase Club Championships 2019	Walsall	Chase	4

1:15.03	391	H	22/06/19	Chase Club Championships 2019	Walsall	Chase	4
1:15.38	386	F	09/02/19	Staffordshire ASA County Swimming Championships	Stafford	Chase	2
1:15.39	385	H	15/07/18	Wolverhampton Summer Open Meet	Wolverhampton	Chase	3
1:15.46	384	H	09/02/19	Staffordshire ASA County Swimming Championships	Stafford	Chase	2
1:16.42	370	F	10/02/18	Staffordshire ASA Championships	Stafford	Chase	2
1:16.79	365	H	10/02/18	Staffordshire ASA Championships	Stafford	Chase	2
1:18.82	337	H	30/09/17	Roebuck Level 3 Open meet	Walsall	Chase	3
1:19.83	325	H	19/11/17	City of Hereford Open Meet 2017	Hereford	Chase	3
1:21.86	301	H	16/07/17	Wolverhampton Summer Open Meet	Wolverhampton	Chase	3
1:22.24	297	H	16/12/17	Leicester Sharks Christmas County Qualifier	Nuneaton	Chase	3
1:22.72	292	H	11/02/17	Staffordshire ASA Championships	Stafford	Chase	2
1:23.90	280	F	11/02/17	Staffordshire ASA Championships	Stafford	Chase	2
1:26.60	254	H	17/12/16	Leicester Sharks Christmas County Qualifier	Nuneaton	Chase	3
1:26.71	253	H	03/12/16	Wyre Forest County Qualifier	Wolverhampton	Chase	3
1:29.10	233	H	17/09/16	City of Stoke on Trent B Grade Open Meet	Stoke	Chase	3

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