

# Individual Best Times (All Time)

Amy Pemberton - (886242) - Berkhamsted SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.52	625	F	02/12/18	Plymouth Leander Christmas Open	Plymouth	Plymouth Lea	3
2:24.27	602	H	04/11/18	ASA SWR Winter Championships	Millfield	Plymouth Lea	2
2:25.04	593	F	04/11/18	ASA SWR Winter Championships	Millfield	Plymouth Lea	2
2:25.87	583	F	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Becontree	Berkhamsted	3
2:27.52	563	H	13/01/18	Devon County Championships and Age Groups 2018	Plymouth	Plymouth Lea	2
2:27.80	560	F	14/10/17	NASL - London Rounds 2017 - Division 1 & 2	Hertfordshire	Berkhamsted	3
2:29.25	544	H	02/11/19	South West Region Winter SC Championships	Millfield	Plymouth Lea	2
2:31.41	521	F	13/01/18	Devon County Championships and Age Groups 2018	Plymouth	Plymouth Lea	2
2:31.55	519	F	10/12/16	NASL London	Dagenham	Berkhamsted	3
2:32.07	514	F	17/06/17	The Terry Davies Alternative Nationals	Watford	Berkhamsted	3
2:32.80	507	F	08/10/16	NASL London	Watford	Berkhamsted	3
2:33.16	503	F	21/01/17	Herts County Champs & Age Group Champs	Borehamwood	Berkhamsted	2
2:33.52	500	F	12/11/16	NASL London	Dagenham	Berkhamsted	3
2:34.80	487	H	06/11/16	East Swimming 2016 SC Championships	Luton	Berkhamsted	2
2:35.24	483	F	15/10/16	Hemel Hempstead 103rd Birthday Open	Hertfordshire	Berkhamsted	3
2:35.42	482	F	23/01/16	Hertfordshire County Championships	Borehamwood	Berkhamsted	2
2:37.74	461	F	25/06/16	The Terry Davies Alternative Nationals 2016	Watford	Berkhamsted	3
2:38.01	458	F	27/06/15	The Terry Davies Alternative Nationals	Watford	Berkhamsted	3
2:41.54	429	F	28/11/15	Berkhamsted Club Champs 2015 S4	Berkhamsted	Berkhamsted	4
2:46.87	389	F	21/11/15	Watford November County Qualifier Open Meet	Watford	Berkhamsted	3
2:48.37	379	F	04/10/14	Maxwell Autumn Meet	Aylesbury	Berkhamsted	3
2:49.22	373	F	28/09/14	Berkhamsted Club Championships	Aylesbury	Berkhamsted	4
2:50.22	366	F	25/01/14	Berkhamsted SC 100's Club Championships	Berkhamsted	Berkhamsted	4
2:51.97	355	F	08/03/14	Hertfordshire ASA County Championships	Borehamwood	Berkhamsted	2
2:59.29	313	F	09/02/13	Berkhamsted SC Last Chance 100s 2013	Stoke Mandicille	Berkhamsted	4
3:03.03	295	F	16/03/13	Hertfordshire County Championships	Borehamwood	Berkhamsted	2
3:07.06	275	F	07/10/10	Maxwell Autumn Meet 2010	Aylesbury	Berkhamsted	3

3:07.26	273	F	07/10/12	Maxwell Autumn Meet 2012	Aylesbury	Berkhamsted	3
3:12.87	252	F	17/03/12	Hertfordshire County Championships	Borehamwood	Berkhamsted	2
3:16.05	240	F	02/10/11	Maxwell Autumn Meet	Aylesbury	Berkhamsted	3
3:17.47	235	F	27/11/11	Watford Middle Distance & Sprint Open	Watford	Berkhamsted	3
3:29.84	195	F	05/03/11	Hertfordshire County Championships	Borehamwood	Berkhamsted	2
3:53.61	141	F	21/11/10	Herts Development Meet	Borehamwood	Berkhamsted	4

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