

Individual Best Times (All Time)

Sebastian Munro-Smith - (882622) - West Suffolk Swimming Club - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
42.38	204	F	07/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
44.62	174	F	30/11/16	West Suffolk Club Championships 2016	Bury St Edmunds	West Suffolk	4
44.76	173	F	08/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
45.53	164	F	19/06/16	Suffolk County ASA County Development Championship	Newmarket	West Suffolk	3
48.07	139	F	02/12/15	West Suffolk Club Championships 2015	Bury St Edmunds	West Suffolk	4
48.38	137	F	04/10/15	West Suffolk SC The Neate Meet	Bury St Edmunds	West Suffolk	3
48.68	134	F	10/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	West Suffolk	3
50.02	124		10/01/15	Sudbury January Last Chance Time Trials	Sudbury	West Suffolk	3
51.00	117	F	18/04/15	Newmarket & District Seventh Open Meet	Newmarket	West Suffolk	3
51.08	116		22/06/14	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
52.13	109	F	23/11/14	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
52.20	109	F	12/10/14	West Suffolk SC Novice Gala	Bury St Edmunds	West Suffolk	3
53.65	100		23/06/13	Suffolk County Development Championships	Newmarket	West Suffolk	3
55.57	90	F	06/10/13	West Suffolk SC Novice Gala 2013	Bury St Edmunds	West Suffolk	3
55.88	89		13/01/13	Sudbury & District Last Chance Open Meet	Sudbury	West Suffolk	3
58.96	75	F	02/12/12	Newmarket & District SC Open Meet	Newmarket	West Suffolk	3
1:00.74	69	H	24/06/12	Suffolk County Development Meet	Newmarket	West Suffolk	3
1:08.02	49	F	04/12/11	Newmarket & District Sprint Open Meet	Newmarket	West Suffolk	4

Swims in Date Order

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42.38	204	F	07/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
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