Individual Best Times (All Time)

Sebastian Munro-Smith - (882622) - West Suffolk Swimming Club - 100 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.53	306	F	17/06/17	Suffolk County Development Meet	lpswich	West Suffolk	3
1:06.76	303	F	07/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:08.88	275	F	29/11/16	West Suffolk Club Championships 2016	Bury St Edmunds	West Suffolk	4
1:11.14	250	F	08/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:11.46	247	F	01/12/15	West Suffolk Club Championships 2015	Bury St Edmunds	West Suffolk	4
1:13.44	227		28/06/15	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
1:15.03	213	F	10/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:15.30	211	F	04/10/15	West Suffolk SC The Neate Meet	Bury St Edmunds	West Suffolk	3
1:16.81	198		10/01/15	Sudbury January Last Chance Time Trials	Sudbury	West Suffolk	3
1:17.27	195	F	22/11/14	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
1:17.60	192		22/06/14	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
1:17.67	192	F	19/06/16	Suffolk County ASA County Development Championship	Newmarket	West Suffolk	3
1:19.51	179		11/01/14	Sudbury & District January Time Trials	Sudbury	West Suffolk	3
1:19.67	178		23/06/13	Suffolk County Development Championships	Newmarket	West Suffolk	3
1:22.63	159	F	06/10/13	West Suffolk SC Novice Gala 2013	Bury St Edmunds	West Suffolk	3
1:22.72	159	F	12/10/14	West Suffolk SC Novice Gala	Bury St Edmunds	West Suffolk	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.53	306	F	17/06/17	Suffolk County Development Meet	Ipswich	West Suffolk	3
1:06.76	303	F	07/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:08.88	275	F	29/11/16	West Suffolk Club Championships 2016	Bury St Edmunds	West Suffolk	4
1:17.67	192	F	19/06/16	Suffolk County ASA County Development Championship	Newmarket	West Suffolk	3
1:11.14	250	F	08/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:11.46	247	F	01/12/15	West Suffolk Club Championships 2015	Bury St Edmunds	West Suffolk	4
1:15.30 Copyright 2024	211 1	F	04/10/15	West Suffolk SC The Neate Meet	Bury St Edmunds	West Suffolk Powered By SPOR	3 TSYSTEMS

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1:13.44	227		28/06/15	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
1:15.03	213	F	10/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:16.81	198		10/01/15	Sudbury January Last Chance Time Trials	Sudbury	West Suffolk	3
1:17.27	195	F	22/11/14	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
1:22.72	159	F	12/10/14	West Suffolk SC Novice Gala	Bury St Edmunds	West Suffolk	3
1:17.60	192		22/06/14	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
1:19.51	179		11/01/14	Sudbury & District January Time Trials	Sudbury	West Suffolk	3
1:22.63	159	F	06/10/13	West Suffolk SC Novice Gala 2013	Bury St Edmunds	West Suffolk	3
1:19.67	178		23/06/13	Suffolk County Development Championships	Newmarket	West Suffolk	3

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