Individual Best Times (All Time)

Sebastian Munro-Smith - (882622) - West Suffolk Swimming Club - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Tim	e WA Pt	s Round	Date	Meet	Venue	Club Swam Under	Level
7:0	7.25 165	F	21/11/14	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
7:14	1.14 158	F	18/04/15	Newmarket & District Seventh Open Meet	Newmarket	West Suffolk	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
7:14.14	158	F	18/04/15	Newmarket & District Seventh Open Meet	Newmarket	West Suffolk	3
7:07.25	165	F	21/11/14	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4